



**Insight/Vipassana
Meditation Workshop
Byron Bay, September 15th & 16th**

**Living Wisdom Series:
The Buddha's Teachings on
Loving Kindness, Compassion, Joy and
Equanimity**

with

Ellen Davison, Radha Nicholson & Carol Perry

Ellen, Radha and Carol are members of the Insight Teachers' Circle, Australia. They lead dharma groups, retreats, and workshops in Australia and overseas

**Cost: \$100.00, \$80.00 concession, daily rate \$60.00
Early bird rate: \$80.00, \$70.00 concession by 24th August**

In this workshop the liberating teachings of the Divine Abodes: loving kindness, compassion, joy and equanimity will be explored through meditation, dharma talks, discussion, inquiry and experiential exercises.

**TO REGISTER CONTACT Carol (02) 66886269
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