



HEALTH & HUMAN SCIENCES

POSTGRADUATE COURSE GUIDE 2013

- Clinical Exercise Physiology
- Clinical Practice
- Osteopathic Medicine
- Clinical Leadership
- Continuing Professional Development
- Public Health



It's all about U

scu.edu.au/healthscience

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ABOUT SOUTHERN CROSS UNIVERSITY

Southern Cross University is a vibrant, contemporary Australian university offering a range of undergraduate and postgraduate degrees on-campus and by distance education. Postgraduate degrees by coursework are available in disciplines including health and human sciences, environmental, marine and forest science, tourism, education and social sciences. The Southern Cross Business School delivers the Master and Doctor of Business Administration, and other postgraduate degrees in accounting, sport management, human resources and information technology.

Research degrees are available in arts, business, law, science and education. Students undertake an independent research project which is sent out for external and independent examination. The students are supported through the Research Training Unit and can enrol at any time. The University's research is undertaken in areas that are regionally relevant and globally

significant, in disciplines as diverse as environmental science, plant science, geoscience, forestry, gambling research, marine science, business, education and tourism.

Located on the east coast of Australia, in a region renowned for its natural beauty, the University has campuses at the Gold Coast, Lismore and Coffs Harbour, where it also operates the National Marine Science Centre. The Centre operates a survey and research vessel and includes a flow-through seawater system that supplies laboratories, a tank farm, aquarium and hatchery.

Many postgraduate courses are available by distance education, providing flexible study options for those who are juggling work, study and other commitments. Explore our full range of postgraduate course offerings at scu.edu.au/courses

SCHOOL OF HEALTH AND HUMAN SCIENCES

The School of Health and Human Sciences aims to produce capable and creative practitioners, researchers and scientists, and works with professional associations to design and deliver contemporary courses that are industry-relevant.

The School is committed to providing health care education for practitioners, offering inter-professional practice and learning that embraces the expanding definition of health care work.

Advances in health science research are fostering a broader understanding of health care and an insistence that it include

prevention of disease and the promotion of healthy behaviour. At the same time, there is increased attention to those suffering from diseases we can neither prevent nor cure.

Through professional networks, strategic relationships and ongoing research, the School of Health and Human Sciences embraces advances in health care practices, taking a holistic view of health and health care education.



MASTER OF CLINICAL EXERCISE PHYSIOLOGY

Location and intake: Lismore: Session 1 and 2

Duration: 1 year full-time, 2 years part-time

Fees: Commonwealth supported places are available

Students will be required to study in three sessions to complete this course within the duration indicated above.

About this course

The Master of Clinical Exercise Physiology is a professional entry level degree (comprising 12 units) that aims to produce graduates who will be eligible to register as an Accredited Exercise Physiologist (AEP). Accredited Exercise Physiologists are recommended to manage complex exercise interventions for people living with chronic disease, disability or injury.

Professional recognition

The Master of Clinical Exercise Physiology is accredited by Exercise and Sport Science Australia (ESSA). Graduates will be eligible to apply for registration with ESSA as an Accredited Exercise Physiologist (AEP).

Major areas of study

The course provides an advanced understanding of the theoretical and practical components of clinical exercise physiology.

Teaching methods

The method of teaching may vary from unit to unit. On-campus students experience a variety of teaching approaches including

lectures, tutorials, online activities, laboratory sessions and video-linked or podcast virtual classes. Units are delivered by Accredited Exercise Physiologists and academics that possess diverse professional experience.

Equipment and facilities

Clinical Exercise Physiology students access specialist facilities including a state-of-the-art exercise physiology clinic supported by laboratories for strength and conditioning, motion analysis, functional anatomy and biomechanics. The SCU Health Clinic provides facilities for students to undertake clinical practice under the supervision and guidance of academic staff.

Career opportunities

Employment may be gained in various settings including private practice with referrals from GPs, rehabilitation centres, workplace health centres and hospitals.



MASTER OF CLINICAL LEADERSHIP (ADVANCED) MASTER OF CLINICAL LEADERSHIP

Location and intake: Gold Coast: Session 1 and 2; Distance education: Session 1 and 2

Duration: Master (Advanced): 2 years full-time, 4 years part-time

About this course

This course provides a pathway for health professionals seeking to develop and/or upgrade their clinical leadership and management knowledge and skills. It also provides the opportunity for senior health leaders to develop best practice within clinical education and teaching contexts.

The course was planned in collaboration with the School of Health, University of New England, and key health service providers in the NSW North Coast Area Health Service and the Hunter New England Area Health Service. Candidates study up to 50 per cent of the award by enrolling at either Southern Cross University or University of New England, for which cross-institutional credit will be provided.

Major areas of study

Specialisations include:

- Health Management and Leadership
- Clinical Education and Teaching.

The course can also be completed without a specialisation by combining units from each of the specialisations.

Teaching methods

This course is primarily delivered online using computer-assisted technologies with some units supported through campus-based

teaching. Students have access to learning materials (print, online, CD and/or audiovisual) and online discussion forums. Academic staff are available by phone and email for student consultation. The research component of the course is undertaken under appropriate academic supervision and is tailored to meet the needs of individual students. Students will be required to have computer and internet access.

Early exit points: Subject to successful completion of the required units.

- Master of Clinical Leadership
- Graduate Diploma of Clinical Leadership
- Graduate Certificate in Clinical Leadership

Career opportunities

Graduates will be equipped with management and leadership skills at senior levels within the health care system. Their career paths can range from advancement to senior management, health education, advanced clinical practice and clinical consultation. The focus of the course is the preparation of senior leaders and managers in health knowledge, skills and clinical teaching.



MASTER OF CLINICAL PRACTICE

Location and intake: Distance education: Session 1 and 2

Duration: 1.5 years full-time, 3 years part-time

About this course

The Master of Clinical Practice is focused on professional development to give current allied health practitioners a broad overview of the latest developments in various fields of clinical science. The course is practical and enables students to build on existing work experience. The content, activities, flexible delivery options and assessment methods reflect the developing needs of busy professionals.

The course can be completely based on 12 taught units, enabling students to follow their interests across a range of clinical science specialisations. Alternatively, the structure of the course enables students to undertake major employment-based projects as a key element of the degree. These double-weighted units enable students to focus on issues relevant to their professional roles and workplace needs.

Major areas of study

Major areas of study include:

- Healthy Ageing and Aged Care
- Lifestyle Medicine
- Mental Health Nursing
- Perioperative Nurse-Surgeon's Assistant.

Please note: specialisations and units are offered subject to availability.

Teaching methods

This course is primarily delivered online and there are no on-campus attendance requirements. Course materials are provided. Units have a dedicated website on the MySCU online environment, which is accessible upon enrolment. Academic staff are available by phone and email for student consultation. Students will be required to have computer and internet access.

Early exit points: Subject to successful completion of the required units.

- Graduate Diploma of Clinical Practice
- Graduate Certificate in Clinical Practice

Career opportunities

This course provides health practitioners from diverse backgrounds the opportunity to expand the range and scope of their knowledge of health service delivery by undertaking studies in areas of interest to them. The course has been developed for individuals with a background in a health science discipline such as nursing, pharmacy, medicine, or other allied health, including complementary medicine.

Completion of the degree provides graduates with enhanced career opportunities within mental health and aged care facilities, community outreach organisations, area health services, professional associations, hospitals and local, state and federal policy-making agencies.



MASTER OF OSTEOPATHIC MEDICINE

Location and intake: Lismore: Session 1

Duration: 2 years full-time, 4 years part-time

Fees: Commonwealth supported places are available

About this course

Osteopathy is a holistic system of diagnosis and manual therapy used to treat musculo-skeletal problems and other functional disorders of the body. In Australia, osteopaths are registered primary care practitioners.

The Master of Osteopathic Medicine is designed to develop a critical evaluation of the theory and practice of osteopathy and produce primary care health practitioners who are able to solve complex problems, think rigorously and independently. The degree is built on a contemporary professional model that integrates the principles of evidence-based practice with a holistic paradigm of patient-centred health care.

The Master of Osteopathic Medicine is the second stage of a professional entry-level program that aims to produce graduates who are eligible to register as practitioners of osteopathic medicine. The first stage is the Bachelor of Clinical Sciences (with a double major — Osteopathic Studies/Human Structure and Function) at Southern Cross University (or equivalent).

Major areas of study

Students undertake studies in osteopathic medicine, including advanced diagnosis and management of complex problems, complete clinical practice under supervision in internal and external health facilities, and engage in a research project.

Professional recognition

To graduate from a course of study as a registered osteopath, the course must be accredited by the Osteopathy Board of Australia.

The Master of Osteopathic Medicine is accredited by the Osteopathy Board of Australia. Osteopaths are currently recognised as allied health professionals under Medicare.

Professional placement

The Master of Osteopathic Medicine includes substantial supervised clinical practicums in both internal university health care

clinics and in external health clinics and services. Relationships with community practitioners are developed during the course giving graduates opportunities to establish their career.

Teaching methods

The osteopathic medicine units use a student-centred curriculum in which problem-based learning and electronic case-based reasoning engenders both independent and team-based learning. Clinical practice is a mentored learning experience in both real and simulated patient encounters, and the research component is self-directed and supervised to achieve the outcome of critical readers of research. Reflective practitioner skills are integrated into the curriculum to develop interpersonal and lifelong learning characteristics.

Equipment and facilities

Osteopathy students access clinical facilities which include fully equipped electronic resources, medical technology, motion analysis laboratories, and anatomy laboratories. The SCU Health Clinic provides facilities for students to undertake clinical practice under the supervision and guidance of academic staff.

Career opportunities

The Master of Osteopathic Medicine aims to produce graduates who are eligible to register as practitioners of osteopathic medicine.

The Australian Osteopathic Association, which is the peak professional body, is seeking to increase the number of graduate osteopaths in order to meet community demand.

Osteopathic services are recognised under all private health insurance schemes and have been added to Medicare under the Enhanced Primary Care scheme.

MASTER OF PUBLIC HEALTH (ADVANCED)

MASTER OF PUBLIC HEALTH

Location and intake: Lismore: Session 1 and 2; Distance education: Session 1 and 2

Duration: Master (Advanced): 2 years full-time, 4 years part-time

About this course

This course prepares professionals to develop knowledge and skills to work in senior leadership and/or scientific roles in public health, or related health fields in Australian and international contexts.

Health professionals who wish to broaden and reorient their career potential, and increase employment options will be attracted to the diverse range of specialisations and topics offered in this course.

Professional placement

Students of the Master of Public Health (Advanced) can undertake a professional placement within a public health context. This needs to be negotiated with and approved by the course coordinator.

Major areas of study

Specialisations include:

- Health Promotion and Public Health
- Rural, Regional and Remote Public Health
- Indigenous Health and Wellbeing
- Lifestyle Medicine
- Public Health and Complementary Medicine
- Research (only relevant for Public Health Advanced).

Please note: specialisations and units are offered subject to availability.

Teaching methods

This course is primarily delivered online using computer-assisted technologies with some units supported through campus-based teaching. Students have access to learning materials (print, online,

CD and/or audiovisual) and online discussion forums.

Academic staff are available by phone and email for student consultation. The research component of the course is undertaken under appropriate academic supervision and is tailored to meet the needs of individual students. Students will be required to have computer and internet access.

Early exit points: Subject to successful completion of the required units.

- Master of Public Health
- Graduate Diploma in Public Health
- Graduate Certificate in Public Health

Career opportunities

This course is designed to enhance career and employment prospects. Qualified public health professionals may seek a new career specialisation in public health, while qualified health professionals from other disciplines may seek to reorient their work to focus on the prevention of illness and the promotion of health of populations. Work opportunities exist in regional, rural, remote and urban areas nationally and internationally in public health agencies and community agencies in the government and private sectors. The professional placement study option in the Master of Public Health (Advanced) may also provide career opportunities through networks students establish during that time.

CONTINUING PROFESSIONAL DEVELOPMENT

The School of Health and Human Sciences at Southern Cross University is developing face-to-face and online Continuing Professional Development (CPD) opportunities for qualified health professionals and practitioners to gain CPD points and higher qualifications in their interest area.

Commitment to life-long learning and continued improvement to practice is a reasonable expectation for communities in health professional work, and CPD has become a mandatory activity for most health professionals.

The School of Health and Human Sciences CPD is of a standard that will be recognised by most Health Registration Authorities towards ongoing accreditation and registration. The School is also continually improving ways for CPD to be delivered to suit busy professionals and for it to be recognised as credit towards the University's postgraduate coursework degrees.

Further information

School of Health and Human Sciences

T: 02 6626 9585

E: healthscience@scu.edu.au

Assessment methods

Students complete a variety of assessment tasks depending on the course and units undertaken. These may include written assignments, oral presentations, laboratory and field research projects, reports and case-based scenarios, clinical skills testing and self-performance evaluations, video or audio presentations. Some courses and units also include written, clinical and practical examinations.

Learning resources

MySCU is a student's point of entry to a range of online services and resources that support study and student life. The portal includes unit learning sites and information sites where students can access resources, communication tools and useful links that are integral to their studies.

The web-based program Blackboard Collaborate delivers advanced online learning environments for students and lecturers to communicate and collaborate through virtual meeting spaces and

classrooms. They can share files, presentations and applications. If the session is recorded, students can view it afterwards.

Learning materials include online unit information guides, study guides and readings. Students may need to purchase or access prescribed text books.

The SCU library provides a wide range of services, print and electronic resources including librarian assistance, a document delivery service, catalogues, databases, ebooks, ereadings, full-text journal literature and podcasts.

Equipment and facilities

SCU provides students with modern well-equipped teaching spaces such as lecture theatres, classrooms and studios or laboratories tailored to meet the needs of specific study disciplines. Contemporary audiovisual equipment is standard in most teaching venues, and students have access to computer laboratories for individual study purposes.

HOW TO APPLY

Apply online direct to the University

Visit: scu.edu.au/howtoapply

T: 1800 626 481

E: enquiry@scu.edu.au

Your previous work or study

At Southern Cross University, your previous study or work experience may help you cut time off your degree.

Recognition of previous study

Advanced standing may be granted to a student for tertiary studies successfully completed within the last 10 years at this University or at another approved post secondary institution including TAFE, private providers or other universities.

Recognition of professional experience

Advanced standing may be granted on the basis of current professional-level experience, skills or expertise that are deemed to be equivalent to Southern Cross University units available in the course undertaken.

The University recommends that you apply for advanced standing at the same time as you apply for admission, because the amount and type of credit awarded will determine your study plan.

For more information visit:

scu.edu.au/advancedstanding

International applicants

Southern Cross University welcomes applications from international students. However this brochure is intended for use by Australian citizens and permanent residents only and should not be relied upon by international students. Brochures and information specifically for international students can be obtained from the University's International Office and website:

scu.edu.au/international

Further information

Freecall: 1800 626 481

E: enquiry@scu.edu.au

For further course information visit:

scu.edu.au/courses