Southern Cross University

School of Health & Human Sciences

2013 Course Enrolment Guide

School of Health & Human Sciences

Bachelor of Exercise Science and Nutrition

School of Health and Human Sciences
Southern Cross University
Email: healthscience@scu.edu.au
Web: www.scu.edu.au/healthscience

Published September 2012
CEG2013V1_0912

Welcome

Welcome to the School of Health and Human Sciences.

It's my pleasure as the Dean of Health and the Head of School to welcome you in the various disciplines we offer within the School.

Our goal here is to improve the health, over the lifespan, of our people through the provision of quality education, research, and regional engagement working closely with the health and health science community.

It's a time of tremendous change within society, not just with regard to higher education, but also with regard to the healthcare industry and related sciences. All governments, across the globe, are beginning to think and change how they provide healthcare to the populations in which they serve. Their desire is to keep us healthier, for longer, rather than wait for us to become sick and need expensive services. In the near future, hospitals will become different in their orientation and the types of activity that they pursue will change. Superclinics are being developed to provide primary and community care, offering much more interdisciplinary care and learning in order to target chronic disease, ageing, and youth and children's issues in terms of healthcare provision. There is a stronger focus on encouraging healthier lifestyles. The impact on Schools, such as the School of Health and Human Sciences, is to ensure we produce knowledgeable, skilled practitioners and scientists who can help meet these challenges.

The School is divided into various discipline areas to help us meet these challenges. Each led by a discipline lead. There are a number of program areas across these disciplines, including nursing, osteopathy, nutrition, occupational therapy, exercise science, clinical exercise physiology, sport management, psychology, midwifery and various generic clinical pathways such as nutrition and remedial massage. The School offers under graduate and post graduate courses as well as continuing professional education programs. These program areas are expanding. In 2013 we plan to introduce programs in speech pathology and podiatry. Also in partnership with the TAFE and VET sectors we will continue to develop new pathways within our Clinical Sciences degree e.g. Pedorthics. An exciting development will be in the offering of an Associate Degree in Allied Health. This will be followed by a pathway in Ageing. The courses we offer are approved by various professional accreditation bodies and conform to legal requirements.

Most of our courses require work-based learning, so you will get out and meet real people with real issues thereby enabling you to be part of a healthcare team resolved to promoting health, restoring health, preventing ill-health or helping people to adapt or seek a dignified death.

Getting your degree is a journey, it's not a destination. We're here to help you. It's a partnership between us. We are the first partnership in helping you to forge a career in your chosen field. A career which could take you far and wide over the next 40 years.

Professor Iain Graham
Dean of Health
Head of School
School of Health and Human Sciences

Contents

How to use this guide iii

Part One: Course and Enrolment Information 1.1

Course overview 1.1

Bachelor of Exercise Science and Nutrition 1.1

Career opportunities 1.1

Professional recognition 1.2

Major areas of study 1.2

2013 Course Rules 1.3

Choose units to study 1.4

Course structure 1.4

Unit Availability Table 1.5

Enrol in units using My Enrolment 1.7

Access the Unit Learning Site(s) in MySCU 1.7

Register into classes 1.8

Orientation 1.8

Unit descriptions 1.9

Other important information 1.12

Field education 1.12

SCU Health Clinic 1.12

Laboratories 1.12

School contacts 1.14

Student Liaison Team 1.14

Academic staff 1.14

Part Two: Administrative and General Information 2.1

Fees 2.1

Other related costs 2.3

Income support and the Three-Session Teaching Calendar 2.3

Advantages of studying in Session 3 ..... 2.4

Study load for International onshore students 2.4

Census dates 2.5

Commonwealth Assistance Notices (CAN) 2.5

Final date to enrol in unit/s 2.6

Deferring studies 2.6

Advanced standing – recognition of prior work or study 2.6

Class timetabling 2.8
Class registration 2.8
Leave of absence 2.9
Variation to enrolment 2.9
Withdrawing from a course or unit 2.9
Cross-institutional studies 2.10
Course transfer 2.11
Further information about enrolment issues 2.11
MySCU 2.11
Textbooks 2.13
Study materials and Books of Readings 2.14
Turnitin 2.15
Orientation and transition 2.15
Beat The Stress Week 2.15
Student Health and Support Services 2.15
Indigenous Australian Student Support 2.16
University Library 2.16
Academic Skills Development 2.17
Services for distance education students 2.17
Information technology support 2.17
Early engagement and intervention support 2.18
Examinations 2.18
Special consideration/special examination 2.19
Grades and academic standing 2.20
Staying in touch with SCU 2.20
Complaints @ SCU 2.21
General information 2.22
Key dates for 2013 ..... 2.22
Useful University websites 2.23
Getting started 2.23
About the University 2.24
Schools and Colleges 2.24
Southern Cross University Orientation Program 2.25

How to use this guide

This course enrolment guide has been developed to assist students with unit selection, to facilitate online enrolment and provide advice about important contacts, resources and support services available. It is also a valuable resource containing easily referenced material that no student should be without.

- **Part One** contains course-specific information and sets out the structure of the course, maps suggested or compulsory unit progressions and shows specialisation sequences per study period, if applicable.
- **Part Two** provides helpful information in relation to important dates, useful websites and relevant administrative information including the contact details of specialist staff within the University who are available to assist with specific enquiries.

What to do next

1. Visit the Getting Started website. This site contains the steps needed to:
   - gain access to My Enrolment
   - check student details
   - accept an offer
   - choose a payment option
   - gain access to MySCU and SCU webmail.
2. **Print or download this Course Enrolment Guide** and retain it for reference throughout the duration of the course.
3. Choose units to study using the course structure and unit information provided in this Course Enrolment Guide. Remember to:
   - read this guide carefully as it will recommend units for enrolment in each study period
   - choose units for each Session or Trimester within the academic year and understand where those units fit into the course structure
   - consider using Session 3 (an optional study period) to spread study load, dedicate time to studying units that might need a concentrated effort, or fast track and complete studies earlier.
4. Enrol in units for the **whole year** using My Enrolment.

   Enrolment for 2013 opens on 2 October 2012. Students will receive a notification advising that enrolment is open in their SCU Webmail account. Look out for this email and enrol early.

   SCU requires students to plan their studies in advance and enrol in units for the full academic year. Students self manage their enrolment online in My Enrolment and can change enrolled units, add more units or withdraw from units up until the start of each study period.
5. Check the census date for each unit using My Enrolment.

   Each unit of study (subject) has a census date that is the day upon which a student's enrolment for unit(s) in the study period becomes final. After the census date a student cannot enrol or withdraw from units without financial and/or academic liability.

   Census dates can be found in *My Enrolment* under *Study Plans* then *Current Enrolment Including Census Date*.
6. Access the School Student Centre and Unit Learning Site(s) in MySCU.

   A Unit Learning Site is generated for every unit in which a student has an official enrolment.

One week before the start of each study period, the Unit Learning Sites will open. Inside the Unit Learning Site students will find the **Unit Information Guide** and **Study Guide.** It is very important students visit this site regularly – SCU recommends students visit every day during the study period.

7. Check the Class Timetable.

   Internal students will need to check the class timetable to find out when classes have been scheduled for the activities that have been planned for the on-campus units in which they are enrolled.

8. Register for on-campus classes online through My Enrolment*:*
   - Students who enrol in any on-campus units (internal mode), should attend the scheduled on campus classes for the activities listed in the class timetable.
   - Session students must check the class timetable to see whether they need to register into any classes. Classes fill up quickly so register early. Students will receive an email in their SCU Webmail account to advise when registration will open.
   - Trimester students do not register into classes as there is usually only one class to attend.
   - Distance education (university-wide; external mode) and online students do not need to attend classes and will find all the information to start studying in their Unit Learning Site(s).

9. Once students are admitted to their course, enrolled in units and registered into classes, they are ready to start studying. SCU recommends students now visit the Orientation website to find out about scheduled activities, sporting facilities, mentors, counselling services and lots more.

Need assistance?

For assistance with My Enrolment refer to:

- the Demonstration Guides located on the Student Enrolment and Support Services site; or
- contact Student Services on 1800 626 481; or
- email enrol@scu.edu.au

For assistance with course structure and study plan advice, students should contact the School Student Liaison and Support Team. Contact details are listed at the end of Part One in this guide.

Welcome to SCU! We hope you enjoy your studies. Remember, staff are here to help, so don't be afraid to contact us.

Important notice

A student's course is governed by the Award Rules for the year in which they commenced study. It is important students become familiar with the Award Rules for their course, which can be found in the Student Handbook.

If a student is unable to adhere to the structure in place when study commenced, they must consult with a School Student Liaison Officer.

The information contained in this guide is correct at the date of publication. This guide is revised each year.

Part One

Course and Enrolment Information

Course overview

Bachelor of Exercise Science and Nutrition

The Bachelor of Exercise Science and Nutrition could be described as the "wellness" degree. It is now well recognised that adopting a healthy lifestyle combining regular physical activity with good nutrition can reduce the risk of premature death or the onset of cardiovascular disease, some cancers, obesity and diabetes. Exercise science and nutrition together give a complete picture of the human body, from the chemical and biochemical aspects to the muscles and nervous system. As a result of the increased awareness of these links, employment opportunities in exercise science and related health fields have increased dramatically.

Career opportunities

The Bachelor of Exercise Science and Nutrition is designed to produce graduates who meet the professional requirement for registration with Exercise and Science Sport Australia (ESSA) as exercise scientists. Graduates may be employed in the private and public sectors. Exercise and sport scientists provide assessment, monitoring and program prescription for fitness and exercise for a diverse range of individuals and groups, from the general population through to elite athletes. Graduates are currently working in the following roles:

- Personal trainers and fitness consultants
- Health educators
- Rehabilitation consultants
- Development officers with amateur and professional sporting organisations
- Strength and conditioning coaches
- Program staff at sport and recreation centres
- Activity officers at leisure resorts
- Exercise physiologists (following further study)*
- Nutrition and Dietitians (following further study)
- Physiotherapists (following further study)

*Having completed postgraduate qualifications (e.g. Master of Clinical Exercise Physiology at SCU), ESSA accredited exercise physiologists work to improve the quality of life for patients who are living with chronic diseases and are also involved in the treatment and rehabilitation of injured workers, athletes, etc. They work with individuals on a personalised basis through referral from medical and allied health practitioners and through direct public contact.

Professional recognition

The Bachelor of Exercise Science and Nutrition is an Exercise and Sports Science Australia (ESSA) accredited course. Graduates are eligible for exercise science/full membership of ESSA. Graduating students also meet the requirements of the Level 1 Australian Strength and Conditioning Association (ASCA) coaching accreditation. They are then eligible to register as Level 1 Strength and Conditioning Coaches.

In addition, graduates may be eligible to apply for registration as an Associate Nutritionist with the Nutrition Society of Australia.

This course may meet requirements for entry to postgraduate study in nutrition and dietetics. Students should refer to universities offering accredited postgraduate dietetic programs regarding enrolment requisites.

Major areas of study

The inter-relationship between exercise science and nutrition for health and human performance is a fundamental one, the importance of which is becoming increasingly recognised by health practitioners. This degree is designed for those students wanting to pursue a career in exercise science combined with a comprehensive understanding of biochemistry and nutrition.

Field experience provides the opportunity to apply theory and knowledge in practical settings and offers a professional approach to your training and preparation as an exercise scientist or health and fitness consultant.

2013 Course Rules

The Award Rules for each course are published in the *Student Handbook*. Hardcopies of the Handbook are available for purchase at the Coop Bookshop. An online version of the Handbook is available from the Southern Cross University website at www.scu.edu.au/handbook

Level of Award	Undergraduate Degree
Academic Organisational Unit	School of Health and Human Sciences
Campus	Lismore
Course Mode	Internal
Duration	3 years
Total Units	24

Specific Award Rules

See the University's *Rules Relating to Awards*, in conjunction with the Specific Award Rules listed below.

4.1 Requirements for an Award

a. To be eligible for the award of Bachelor of Exercise Science and Nutrition a candidate shall successfully complete all twenty-four (24) units listed in the Schedule of Units attached to these Rules.

b. Students are required by the end of their second year of enrolment to have completed a suitably accredited Senior First Aid and Cardiopulmonary Resuscitation Certificate.

Choose units to study

Students should use the following sections of this Course Enrolment Guide to:

- make a decision regarding the units they wish to study for the whole year and enrol in these units in My Enrolment
- determine where those units fit into the course structure. Please note, it is much easier for students to enrol in their chosen units when they know what part of the course structure they belong to. For example, if a student has chosen to enrol in a unit that is part of a major, then when enrolling online, students must choose the major before they can choose the unit
- check the availability and requisite information of each unit using the Unit Availability Table and the SCU *Schedule of Units*
- the steps to enrol online are outlined in the section Enrol in Units using My Enrolment on page 1.7 of this guide.

Course structure

This table maps out the unit progressions in the Bachelor of Exercise Science and Nutrition, which will assist you with your unit selection. Students must complete all units below to satisfy the requirements for the Bachelor of Exercise Science and Nutrition award.

Full-time students normally complete four units each study period. The units you should enrol in each year/session can be found in the table below.

Part-time students normally complete two units each study period. It is up to the individual as to which two units to enrol in each session. Please be aware that some units may have pre-requisite/s that must be studied before others. Please refer to the Unit Availability Table for pre-requisite/s units.

Year 1			
Session 1		**Session 2**	
CHE10700	Chemistry for Health Sciences	MAT00330	Research and Analysis in Health
BIO01302	Human Anatomy	BIO00307	Human Physiology
HEA00331	Principles of Behaviour in Physical Activity	NUT00214	Food and Nutrition in Health
BIO00207	Mechanics for Movement	BIO00209	Biomechanics and Kinesiology
Year 2			
Session 1		**Session 2**	
CHE00002	Biochemistry	NUT00215	Nutrition Across the Lifespan
BIO00203	Exercise Physiology	NUT00216	Nutritional Biochemistry & Human Metabolism
SCI10703	Food Science	BIO00204	Advanced Exercise Physiology
BIO10494	Human Growth, Development and Ageing	HEA00332	Exercise Psychology
Year 3			
Session 1		**Session 2**	
BIO10701	Nutrition Physiology	HMS00223	Professional Preparation
HMS00203	Sports Conditioning and Training Methods	BIO10496	Exercise Physiology for Specific Populations
BIO10493	Motor Control	BIO00324	Applied Biomechanics
BIO10497	Exercise Physiology for Healthy Individuals	HMS00328	Motor Learning

Unit Availability Table

The information in the Unit Availability Table is derived from the Southern Cross University *Schedule of Units* and is correct at time of printing. The *Schedule of Units* lists, alphabetically by unit name, all units planned to be taught at SCU in a particular study period, including:

- the unit code
- the unit availability (eg: Lismore, Coffs Harbour, Gold Coast, External)
- any pre-requisite conditions of study and enrolment restrictions.

There is a *Schedule of Units* for each study period (trimester and session) and separate schedules for undergraduate and postgraduate units.

It is recommended students check the Schedule of Units prior to enrolling as availabilities are updated regularly.

Note: All units in the schedule are compulsory and offered on an Internal (Lismore) only basis.

Unit Code	Unit Name	Pre-requisite/s, Anti-requisite/s Co-requisite/s	Campus	Session	Study Year
BIO01302	Human Anatomy		L, THL, CH	1, 3	1st
HEA00331	Principles of Behaviour in Physical Activity		L	1	1st
CHE10700	Chemistry for Health Sciences		L	1	1st
BIO00207	Mechanics for Movement		L	1	1st
BIO00307	Human Physiology		L, THL, CH	2, 3	1st
NUT00214	Food and Nutrition in Health		L, ONL ONL	2 3	1st
MAT00330	Research and Analysis in Health		L, THL	2	1st
BIO00209	Biomechanics and Kinesiology	BIO01302	L	2	1st
SCI10703	Food Science	CHE10700	L	1	2nd
CHE00002	Biochemistry	CHE10700, BIO00307	L	1	2nd
BIO00203	Exercise Physiology	BIO00307	L	1	2nd
BIO10494	Human Growth, Development and Ageing	BIO00307	L	1	2nd
BIO10493	Motor Control	BIO01302, BIO00307	L, THL	1	2nd
NUT00215	Nutrition Across the Lifespan	NUT00216 (co-req), NUT00214, CHE00002	L	2	2nd
NUT00216	Nutritional Biochemistry & Human Metabolism	NUT00215 (co-req), NUT00214, CHE00002	L	2	2nd
HEA00332	Exercise Psychology	HEA00331	L	2	2nd
HMS00223	Professional Preparation		L	1, 2	3rd
HMS00203	Sports Conditioning and Training Methods		L	1	3rd
BIO10497	Exercise Physiology for Healthy Individuals	BIO00204	L	1	3rd

Unit Code	Unit Name	Pre-requisite/s, Anti-requisite/s Co-requisite/s	Campus	Session	Study Year
BIO00204	Advanced Exercise Physiology	BIO00203	L	1	3rd
BIO10701	Nutrition Physiology	BIO00204, NUT00216	L	1	3rd
BIO00324	Applied Biomechanics	BIO00207, BIO00209	L	2	3rd
BIO10496	Exercise Physiology for Specific Populations	BIO00204	L	2	3rd
HMS00328	Motor Learning	BIO10493	L	2	3rd

Key

CH	Coffs Harbour Campus	THL	Tweed Heads – Lakeside Campus
GCB	Gold Coast – Beachside Campus	THR	Tweed Heads – Riverside Campus
L	Lismore Campus	EXT	External (Distance Education)
		ONL	Online

Definitions

Internal is a lecture-based course of study at a physical location e.g. Coffs Harbour, Lismore, Gold Coast, etc. Such a course may be web enhanced e.g. MySCU.

External (EXT) is an externally delivered course with study guides and course materials delivered via the post or made available online. Also called distance education or study via correspondence. It is typically web enhanced.

Online (ONL) is a course of study delivered exclusively online. All material for the unit is delivered online via the web.

Anti-requisite means a specified unit that is deemed to have content that is too much in common with another unit, thereby prohibiting enrolment in the other unit either concurrently with the specified unit, or where the specified unit has been successfully completed.

Co-requisite means a unit which a candidate is normally required to enrol in concurrently with another specified unit.

Pre-requisite means a unit which a candidate must have successfully completed before enrolling in another specified unit.

Elective unit means a free choice unit drawn from anywhere within the University.

Enrolment Restrictions are the enrolment conditions for a particular unit or course that if relevant are found directly under any requisites for the relevant unit in the Unit Availability Table.

Study Year indicated in the Unit Availability Table relates to full-time study.

Double-weighted units are units which are equivalent to two single-weighted units. Single-weighted units are 12 credits point and double weighted units are 24 credit points in value.

Enrol in units using My Enrolment

Once students have chosen units to study they can enrol in those units using *My Enrolment* for each study period for the **whole year**.

While students can accept an early offer when received, enrolment for 2013 opens on 2 October 2012. Students will receive a notification advising that enrolment is open in their SCU Webmail account. Look out for this email and enrol early.

Remember, SCU requires students to plan their studies in advance and enrol in units for the full academic year (all study periods). Students can change enrolled units, add more units or withdraw from units up until the start of each study period.

To enrol in units:

- Open My Enrolment
- Within *My Enrolment* select *My Study Plans*.
- Choose I want to … *Enrol in Unit* from the links at the bottom of *My Study Plans* or go to *Enrol in Unit* on the left-hand menu bar.
- Students will be presented with the Enrolment: planned units page. Follow the steps described in *My Enrolment*. Students will be asked to:
  - add a unit to their potential enrolment list
  - choose their preferred attendance mode for the unit
  - choose when and where they want to study the unit
  - confirm their choice.
- Before leaving *My Study Plans*, students should check the enrolment details and census dates for the units they intend to study. Go to *Current Enrolment* on the left-hand menu bar to ensure each enrolled unit is recorded correctly.

Hint 1: Students need to enrol in all units for the full year, even if they are not sure that they will pass the requisites. If a student does not pass a requisite unit they will be automatically withdrawn from the unit and allowed to select another. The Schedule of Units is where a student should check for any pre-requisite units that must be studied in order to gain entry to another unit.

Hint 2: Remember to check the Key Dates published in Part Two of this guide for information about the last date to enrol online, the last date to withdraw without fail, exam periods etc.

Important

Each unit has a census date. It is each student's responsibility to know when the census date occurs for each of their enrolled units.

Access the Unit Learning Site(s) in MySCU

A Unit Learning Site is generated for every unit in which a student has an official enrolment. The lecturer will use this site to communicate important information about the unit. It is very important students visit this site regularly.

Inside Unit Learning Site(s) students will find the **Unit Information Guide** and **Study Guide**. The Unit Information Guide will provide students with the details of assessments, the required textbooks and reading lists and information about the activities students are expected to undertake.

More information about *MySCU* can be found in Part Two of this guide.

Register into classes

Students enrolled in any on-campus units (internal mode), should attend the scheduled on-campus classes for the activities listed in the class timetable.

Distance education (university-wide; external mode) and online students do not need to attend classes.

Student who need to register for **on-campus classes** should:

- check the class timetable. Go to the timetables online search facility
- check SCU Webmail - students will receive an email in their SCU Webmail account to advise when registration will open
- register into classes online using My Enrolment. Select *My Classes* (or classes from the header line menu). The units in which you are enrolled will be displayed.

Orientation

SCU recommends students now visit the Orientation website to find out about scheduled activities, sporting facilities, mentors, counselling services and lots more.

Unit descriptions

CHE10700 Chemistry for Health Sciences

Students are introduced to the basic concepts of general and organic chemistry with a special focus on the study of chemical properties, interactions and concepts that are relevant to natural products and human health. It includes study of chemical bonding, the periodic table, gases and solutions, acids and bases, chemical equilibrium, and organic functional groups. Laboratory classes provide students with experience in relevant basic techniques and methods.

BIO01302 Human Anatomy

Examines cellular and tissue organisation, integument, osteology,arthrology, myology, the nervous, endocrine, cardiovascular, lymphatic, respiratory, digestive, urinary and reproductive systems, and the sensory organs. Students explore anatomical structures on human cadaveric specimens, models and computers to provide a basis for understanding the structure and function of the human body.

HEA00331 Principles of Behaviour in Physical Activity

Within the physical activity arena, this unit provides an understanding of behavioural theory as applied to individuals, groups and special populations. The fundamentals of human behaviour will provide a theoretical background on which to interpret an understanding of the psychological factors that underlie and sustain participation in performance based activities and exercise and health related domains.

BIO00207 Mechanics for Movement

Provides an introduction to physical laws and the application of these laws to mechanics of motion.

NUT00214 Food and Nutrition in Health

Provides a general introduction to the food and nutritional sciences. It examine aspects of the influences on food choice, processing of common food commodity groups, food regulation and monitoring, food labelling, food safety, food composition, food/nutrients in health, and food as a medicine. Contemporary food issues will also be explored. Students monitor their own food intake and compare it with healthy eating guidelines and nutritional standards. The study of nutrition in pregnancy and lactation is an option.

MAT00330 Research and Analysis in Health

This unit will provide students with an understanding of research methods and design so that they can be applied to the study of the science and management of sport and exercise. Students will analyse relevant statistical data and gain an understanding of the research process and ethical issues. Computing skills and appropriate software packages will be introduced that aid with report presentation and analysis.

BIO00307 Human Physiology

The areas to be studied include basic cellular functions, the functions of the nervous and endocrine systems, muscle contraction, circulation, respiration, renal system and body fluid and electrolytes homeostasis, digestion and absorption, metabolism, reproduction and defence mechanisms of the body.

BIO00209 Biomechanics and Kinesiology

Pre-requisite/s: BIO01302 Human Anatomy

Designed to provide detailed study of the muscular, skeletal and nervous systems in relation to their function in human movement and body mechanics. Emphasis is on the structure and function of the human body related to age and abnormality in sport and physical activity.

CHE00002 Biochemistry

Pre-requisite/s: BIO00307 Human Physiology, CHE10700 Chemistry for Health Sciences

Provides an overview of general biochemistry to enable students to understand the overall role of chemical reactions in biological systems and biochemical aspects of human disease. Covers

basic chemical organisation of the body, bioenergetics, selected metabolic pathways, and methods of separation and characterisation of molecules of biological interest.

BIO00203 Exercise Physiology

Pre-requisite/s: BIO00307 Human Physiology

Examines the physiological responses of the body to various exercise stresses and the adaptations which occur within the body as a result of repeated exposure to these stresses.

SCI10703 Food Science

Pre-requisite/s: CHE10700 Chemistry for Health Sciences

Examines the chemical, biochemical, physical and technological aspects related to the preparation, storage and processing of the major food commodities. Aspects of food production, such as food quality evaluation, food safety and quality control, food preservation principles, food packaging, and food regulation and legislation will also be explored.

BIO10494 Human Growth, Development and Ageing

Pre-requisite/s: BIO00307 Human Physiology

Provides an understanding of how age, gender and developmental stages influence an individual's exercise capacity and motivation to participate in regular physical activity and how physical activity may influence growth and development. Adaptations to specific training programs across the lifespan will also be covered.

NUT00215 Nutrition Across the Lifespan

Co-requisite/s: NUT00216 Nutritional Biochemistry and Human Metabolism
Pre-requisite/s: NUT00214 Food and Nutrition in Health, CHE00002 Biochemistry

Examines the nutritional requirements and the key nutritional issues across the lifespan from pre-conception to old age. Further, the role of food and nutrition in the aetiology (e.g. cellular and physiological mechanisms, genetics, environmental) of chronic non-communicable diseases common in advancing age is explored, along with evidence-based interventions for these conditions. Student integrate and extend their knowledge by applying and reflecting on aspects of the nutrition care process through problem-based scenarios.

NUT00216 Nutritional Biochemistry and Human Metabolism

Co-requisite/s: NUT00215 Nutrition Across the Lifespan
Pre-requisite/s: NUT00214 Food and Nutrition in Health, CHE00002 Biochemistry

Provides students with knowledge of the biochemical roles of general classes of nutrients, emphasising the significance of essential amino acids, essential fatty acids, vitamins and minerals in human metabolism. An introduction to the clinical application of micronutrients will also be incorporated.

HEA00332 Exercise Psychology

Pre-requisite/s: HEA00331 Principles of Behaviour in Physical Activity

This unit provides students with an introduction to Sport Psychology as a theoretical and applied discipline. A major focus is the development of practical skills and interventions that can be applied in sport and exercise settings to positively influence the behaviour, performance, and level of participation of individual participants or groups. A variety of methods will be used to engage students with a broad knowledge and understanding of the complexities and dynamics that exist in the realm of sport and exercise.

BIO00204 Advanced Exercise Physiology

Pre-requisite/s: BIO00203 Exercise Physiology

An extension of Exercise Physiology with a major emphasis on muscular, metabolic and thermoregulatory changes during exercise.

HMS00203 Sports Conditioning and Training Methods

Focuses on the practical application of training methods for sport. In particular, emphasis is placed on designing, organising and presenting "yearly" training programmes for a variety of sports.

BIO10493 Motor Control

Pre-requisite/s: BIO01302 Human Anatomy, BIO00307 Human Physiology

Provides students with the knowledge basis for the understanding of neural processes involved in the control of movement and of issues involved in cerebral organisation of goal directed movement. It also provides background to neurological and movement disorders.

BIO10497 Exercise Physiology for Healthy Individuals

Pre-requisite/s: BIO00204 Advanced Exercise Physiology

This unit provides the student with the opportunity to apply the principles and objectives of an effective exercise assessment program. Program design is studied in detail in relation to different populations. Aspects of consultation, interview and testing techniques, health education and counselling will be studied with an emphasis on developing practical skills.

BIO10701 Nutrition Physiology

Pre-requisite/s: BIO00204 Advanced Exercise Physiology, NUT00216 Nutritional Biochemistry and Human Metabolism

Builds on the knowledge gained in human physiology, physiological pathology as well as in the nutrition units to gain a deeper understanding of human physiology as it relates to nutrient requirements, intake, assimilation and utilisation in health and disease.

BIO00324 Applied Biomechanics

Pre-requisite/s: BIO00207 Mechanics for Movement, BIO00209 Biomechanics and Kinesiology

This unit introduces the student to qualitative and quantitative methods for analysing human movement. There will be a strong emphasis on learning practical skills for the analysis of human movement including ethical aspects of research with humans. Students will apply the principles of biomechanics in an analysis and reporting of selected human movements including gait.

BIO10496 Exercise Physiology for Specific Populations

Pre-requisite/s: BIO00204 Advanced Exercise Physiology

This unit examines the principles and objectives of an effective exercise assessment program. Program design is studied in detail in relation to different populations. Aspects of consultation, interview and testing techniques, health education and counselling will be studied with an emphasis on developing practical skills.

HMS00328 Motor Learning

Pre-requisite/s: BIO10493 Motor Control

This unit is designed to introduce students to the major concepts related to the theory and application of motor learning and to develop their ability to structure and present effective learning situations in human movement.

HMS00223 Professional Preparation

Equips students with a sound understanding of the employment market place and the needs of employers in the sport, fitness and recreation industry. Identifies communication strategies and provides professional experiences which will assist students in securing and retaining a position in the industry.

Other important information

Field education

Students complete 150 hours of work experience as part of their study program.

SCU Health Clinic

The SCU Health Clinic is dedicated to improving the health and wellbeing of local and interstate communities by providing high quality allied health services in the form of a professional health clinic.

Our clinic is essential in assisting students with education, research and practical experience in the health care industry, whilst applying empathy and compassion for the people we serve as health practitioners.

The SCU Health Clinic has three purposes:

- Provide a professional and caring health service to the general public
- Education of students in application of the health care services to the public
- Provide the student with a professional and supportive environment to research and develop knowledge in a specialised area.

Services available:

- Naturopathy
- Osteopathy
- Acupuncture
- Mental Health Nurse Practitioner
- Psychology
- Clinical Exercise Physiology
- Dietitian.

Laboratories

Anatomy and Physiology Laboratory

This is utilised by students enrolled in programs offered by the School of Health and Human Sciences, including Nursing, Exercise Science, Clinical Science and Naturopathy. A range of medical and diagnostic equipment and interactive software is available to provide students with hands-on learning experience in preparation for entry into nursing and allied health professions. Equipment includes life sized anatomical models, microscopes, histological slides and dissection equipment.

Cadaver Laboratory

This is the only lab of its type in Australia located outside a major metropolitan area. Students of Sport & Exercise Science, Exercise Science & Nutrition, Clinical Sciences, Naturopathy and Occupational Therapy access this special lab to facilitate an in depth understanding of muscles and movement.

Chemistry Laboratory

This has been equipped to run both chemistry and biochemistry units, as well as more specialised units in botany, the extraction of natural products from plants, separation science and the formulation of plant extracts. Students of the Bachelor of Clinical Sciences and Bachelor of Exercise Science and Nutrition will be taught in this facility.

The Sports Hall

This is an exercise and recreation facility designed to host sporting activities and facilitate the study of human movement and sports science.

Exercise Physiology, Biomechanics, and Training and Conditioning Laboratories

These labs are an integral part of the Exercise Science degrees. The 'hands on' practical experience includes the use of gas analysers, exercise bikes and treadmills, force plates and 3D cameras and timing equipment. Field testing is an important aspect of the practical sessions.

School contacts

Student Liaison Team

The Student Liaison Team aims to provide students with a high level of friendly, efficient and professional service and can be used as the first point of contact for enquiries students may have regarding their course. If the Student Liaison Team does not have the answer to a question, they will be able to refer students to the relevant area within the University or to the appropriate staff member.

Staff in the Student Liaison Team can provide students with assistance during the course of your studies in relation to the following types of enquiries:

- enrolment advice
- course structure and planning
- unit selection
- assignment administration
- advanced standing
- special consideration
- general course administration
- support for Distance Education students.

Location: Student Liaison Staff are located at the Lismore campus in Z Block

Hours: 9 am – 5 pm Monday to Friday.

Location	
Lismore	Z Block

Contact Details		
Student Liaison Officer	Phone: 02 6626 9585 Fax: 02 6620 3022	healthscience@scu.edu.au

Academic staff

Academic staff are available to discuss any questions or issues you may have regarding specific unit or course content.

- **Course Coordinators** have responsibility for the overall coordination, development, review and administration of a course. Students should familiarise themselves with the name of their Course Coordinator.
- **Unit Assessors** have responsibility for the overall coordination, development, review and administration of a unit. Not all unit assessors are listed below. Students should familiarise themselves with the name of their Unit Assessor during each session.
- **Lecturers and Tutors** have responsibility for conducting lectures and tutorials/workshops.

Course Coordinator			
Holly Muggleston	B. Exercise Science and Nutrition	02 6620 3988 holly.muggleston@scu.edu.au	Lismore Z2.09

Part Two

Administrative and General Information

This section of the guide is a summary of administrative and general information relevant to students and their studies. Wherever possible students will be directed to sources of further information and assistance. A comprehensive list of useful websites is located at the end of this guide.

Fees

The cost of attending university will vary and much depends on your program of study. Expenses can generally be broken into three groups: study costs, living expenses and other expenses. This section focuses on study costs or fees and includes important information to remember when enrolling into units of study in a course.

At SCU a student is either a Commonwealth supported student or a fee-paying student, also known as a non-Commonwealth supported student.

Fee-paying students are required to pay full tuition fees for each unit of study.

Undergraduate courses

The University offers very few undergraduate fee-paying courses. Generally, undergraduate courses are Commonwealth-supported for eligible students.

Postgraduate courses

The majority of SCU fee-paying courses relate to postgraduate study and FEE-Help is available to eligible students.

Commonwealth-supported students

Every unit of study undertaken under Commonwealth support has a cost. The Commonwealth Government meets part of that cost and the student pays the other part. This student cost is called the Student Contribution Amount.

At SCU the Student Contribution varies and is determined by the units selected by each student, the discipline category or 'band' of the units studied and the year the student commenced their course of study or degree. To find out exactly which band(s) your unit/s of study belong to visit the University's Fees and Financial Assistance website

Before enrolling in units for the first time, new students must read the 'Information for Commonwealth Supported Students' booklet available from SCU Student Services or at www.studyassist.gov.au

Students complete the request for Commonwealth Support Form (and HECS-Help) from SCU. This is known as an electronic 'Commonwealth Assistance Form' (eCAF), which is completed and submitted electronically via 'My Enrolment'. The eCAF must be completed before enrolment into any units.

The deadline for finalising payment arrangements for each unit of study is the census date.

Commonwealth-supported students can pay for all or part of their Student Contribution up front or defer payment to the Australian Tax Office (ATO) and repay it later through the Australian tax system when their income is above the nominated minimum threshold.

If the Student Contribution is paid on or before the census date a 10% discount applies for payment of $500 or more.

Domestic fee-paying students

A fee-paying student, also known as a non-Commonwealth supported student, is required to pay full tuition fees for each unit of study in a study period. Eligible fee-paying students can either:

- pay some or all of their tuition fees up front on or before two weeks prior to the start of the study period; and/or
- apply for an Australian Government FEE-HELP loan for some or all of their tuition fees by submitting a 'Request for FEE-HELP assistance form' (eCAF). The Australian Government will pay the amount of the loan to SCU on the student's behalf. A loan fee of 25% applies for undergraduate courses of study. There is no loan fee to a FEE-HELP loan for postgraduate study, enabling courses, units of study with Open Universities Australia and bridging study for overseas trained professionals.

The deadline for finalising payment arrangements via a FEE-Help loan is the census date.

To be eligible to receive a FEE-HELP loan the student must be an Australian citizen or holder of a Humanitarian visa. FEE-HELP is not available to New Zealand citizens or permanent residents.

Students, who wish to access a FEE-HELP loan, must read the 'FEE-HELP information booklet' available from Student Services or at www.studyassist.gov.au. They must also complete and submit an eCAF via 'My Enrolment' and provide their Tax File Number.

Payment of a FEE-HELP loan is deferred to the Australian Tax Office (ATO) and is repaid later through the Australian tax system when the student's income is above the nominated minimum threshold.

Services and Amenities Fee

During 2011, the Commonwealth Government passed legislation that enables Universities to levy an annual capped Services and Amenities Fee to students starting in 2012. In 2013, the capped fee is $273 per student. The Higher Education Legislation Amendment (Student Services and Amenities) Bill 2011 clearly outlines the ways in which these funds can be used by Universities and focuses on essential student services that will support and enrich the student experience.

Eligible students are able to defer their Services and Amenities Fee (SAAF) to the Australian Taxation Office (ATO) by completing a 'Request for SA-HELP Assistance' eCAF in My Enrolment. To be eligible for the SA-HELP loan scheme the student must be an Australian citizen or holder of a Humanitarian visa. SA-HELP is not available to New Zealand citizens or permanent residents. The deadline for finalising payment arrangements via the SA-HELP loan is census date of the study period in which the fee is charged.

Students who wish to access a SA-HELP loan must read the 'SA-HELP information booklet' available from Student Services or at www.studyassist.gov.au and complete and submit the SA-HELP eCAF with a valid Tax File number through My Enrolment.

For more information about the Services and Amenities fee, what it will be used for, fee schedules, payment details, loan schemes available for eligible students and Frequently Asked Questions, please go to the Services and Amenities Fee website.

International onshore and miscellaneous fee-paying students

International onshore students and miscellaneous fee-paying students are required to ensure that their fees are paid on or before two weeks prior to the start of the study period.

International tuition fee information, including information about unit withdrawal impacts, due dates for student fees and refund rules, is available from the International Office and the SCU Fees and Financial Assistance website.

To contact the International Office:

Phone: +61 2 6620 3876
Email: intoff@scu.edu.au

Remission of Student Contribution Amounts

Where extenuating circumstances exist, students may apply for a remission of the Student Contribution Amount by contacting Student Services.

More information

For more information on University fees or Commonwealth-supported places go to the University's Fees and Financial Assistance website and www.studyassist.gov.au

To contact Student Services:

Phone: 1800 626 481
Email: enrol@scu.edu.au

Other related costs

There are a number of other administrative fees that students may be required to pay at some time during their university life. These may include such things as textbooks, field trips, penalty charges (sanctions) and costs associated with graduation etc.

For further information see Administrative Charges in the Student Handbook.

Income support and the Three-Session Teaching Calendar

The Southern Cross University three-session teaching calendar provides students with the flexibility to spread their full-time study load over three sessions, if they choose. This does not mean that students have to enrol in all three sessions to qualify for income support. There are many combinations of study that satisfy the eligibility criteria for income support. Students will still be able to study a full-time load over Session 1 and 2 and take Session 3 as a break. It is an optional study period. Schools will be offering units during Session 3 that will enable students to accelerate their learning or spread their study load. **Please note**, not all courses offer units in Session 3, students will need to check the Schedule of Units for that study period to see what is available to study.

Centrelink considers students to be full time if they are doing at least 75% of the full-time workload. At Southern Cross University one single weighted unit of study has a HECS loading of 0.125. Students need to demonstrate to Centrelink that they are studying at least 6 single-weighted units over the full teaching calendar year in order to be entitled to income support.

There is no obligation to study in all three sessions of the Teaching Calendar.

Requirements regarding full-time study can be found on the Centrelink website at http://www.centrelink.gov.au/. Students should discuss their eligibility for income support with Centrelink's Youth and Student Services by telephoning 132490.

Advantages of studying in Session 3

Session-based students are not obliged to study in Session 3; however there are advantages in doing so. Studying in Session 3 can help students to:

- fast track their studies
- dedicate time to studying a unit that might need a concentrated effort
- maintain their study momentum by undertaking a unit or units over the break between the end of Session 2 and commencement of Session 1 the following year
- catch up on failed units so that course progression and completion is not extended
- graduate sooner, if nearing course completion with 4 or less units to complete, consider studying these over session 3;
- negotiate a study plan with their School or College to align with Session 3 unit availabilities that suits individual goals and career aspirations

Please note, not all courses offer units in Session 3.

To find out more about the units available to study during Session 3 visit the SCU Units Search. Here students will be able to search for units (subjects) by name, code, school or campus. Once a unit or list of units has been retrieved, students can also see a description of the unit by clicking on the unit name.

HINT: Prior to enrolling in a unit remember to check the Schedule of Units for any requisite requirements.

Study load for International onshore students

International onshore students must complete their course within the expected duration of study as specified by Standard 9 of the National Code of Practice 2007. This means Southern Cross University must monitor the study load of International onshore students to ensure they complete their course within the duration specified in their Confirmation of Enrolment (CoE) and do not exceed the allowable portion of online or distance learning. SCU will only enable students to extend the expected duration of study for the course through the issuing of a new CoE in limited circumstances.

International onshore students are required to complete eight (8) single-weighted units of study each year, or pro-rata if a student commences after the first study period.

Students can study up to twenty-five percent (25%) of their course by online and/or distance learning. Approval to study online or by distance education must be sought from the International Office using a `Unit Approval Request' submitted through My Enrolment. Students undertaking a session or trimester based course must study at least one (1) unit that is not by distance or online in each mandatory study period.

Students studying in sessions

International onshore students who undertake a session-based course must study a minimum of four (4) units in each of the mandatory sessions (Sessions 1 and 2) to satisfy full-time enrolment. In special circumstances this can be varied.

Students not studying four units in each of the two mandatory sessions (Sessions 1 and 2) are required to liaise with an International Student Advisor to map and sign their study plan for each year of study.

Students studying in trimesters

International onshore students who undertake a trimester course are required to enrol in four (4) units per study period or in certain courses they are required to enrol in three (3) units per study period.

All trimesters are compulsory study periods; international onshore students must be enrolled in all study periods while on a student visa. Any variation to the required study load for trimester students must first be discussed with an International Student Advisor.

More information

For more information go to Southern Cross University's International Office website or the Australian Government – Australian Education International website at www.aei.gov.au

To contact Southern Cross University's International Office:

Phone:	+61 2 6620 3876
Email:	intoff@scu.edu.au

Census dates

Each unit of study in a study period at SCU has a census date that is the day upon which a student's enrolment for unit(s) in the study period becomes fixed and final. After the census date a student cannot enrol or withdraw from units without significant financial and/or academic liability.

If using the HECS-HELP or FEE-HELP Government loan schemes, the debt for units in the study period is deferred on the census date.

Census dates vary depending on the unit/s in which a student is enrolled. Therefore, it is important that students are aware of the census date for each enrolled unit for a particular study period.

To determine the actual census date for each unit of study, students must check My Enrolment:

- log into My Enrolment
- select *My Study Plans*
- from the menu to the left of the screen select *Current Enrolment*.

Each unit in which a student is enrolled will be displayed with the census date clearly identified.

Commonwealth Assistance Notices (CAN)

A Commonwealth Assistance Notice (CAN) is issued to all Commonwealth Supported, FEE-HELP and OS-HELP assisted students within twenty-eight (28) days past the census date for each unit of study. The CAN shows detailed enrolment information for each unit of study within the relevant study period including upfront student contribution amounts and/or amounts deferred via HECS-HELP, FEE-HELP or OS-HELP. The CAN is available by accessing My Enrolment (use the *My Finance* menu option). It is important to check all the information on your CAN within fourteen (14) days of its release. If you believe the information on the CAN is incorrect, please make a request in writing to enrol@scu.edu.au to have your information corrected.

More information

For more information on census dates or Commonwealth Assistance Notices go to the University's Fee and Financial Assistance website.

Final date to enrol in unit/s

The final date to enrol in unit/s online without approval is the end of Week 2 (Sunday) of each study period. Students wishing to enrol in unit/s after this date will require approval from the relevant School and should submit a Unit Approval Request through My Enrolment stating the reason for the late enrolment. Where approval is not granted, the relevant School will contact the student.

Deferring studies

Students who cannot commence studies in this academic year can defer their studies and secure their place in the following year. However, if a student can commence studies in Session 2 or Session 3 they do not need to defer, they simply enrol in that study period, except for students enrolling into the Bachelor of Psychological Science (Hons) or the Post Graduate Diploma of Psychology who must commence study in Session 1.

Deferment is only available to applicants who have been made a Commonwealth Supported or Hotel School Employer Reserved offer. Deferment is not available for Bachelor of Education (Secondary) graduate entry, Bachelor of Laws graduate entry, Bachelor of Education (4th year upgrade), Bachelor of Psychological Science (Hons), Post Graduate Diploma of Psychology and all one year Honours courses. Deferment is also not available to continuing students (continuing students wishing to take a break from studies should refer to the section 'Leave of Absence').

Students can defer an offer to a course prior to accepting through My Enrolment. To defer an offer once a student has accepted, declined or enrolled in units, please send a request by email to defer@scu.edu.au.

Requests to defer an offer to a course must be submitted by the census date. Southern Cross University does not charge a deferment fee.

For more information about how to defer an offer please download the 'My Offers – Request to Defer your Offer' guide, which is located on the Student Services downloads page under Student Support Material.

Advanced standing – recognition of prior work or study

At Southern Cross University a student's previous work or study experience may help them cut months off their degree.

Students who have completed tertiary study elsewhere, for example TAFE or university, or had work experience at a professional level during the past 10 years, may be eligible for Advanced Standing.

Advanced Standing is also known as Credit for previous study, Exemption, Recognition of Prior Learning (RPL) or Credit transfer.

The amount and type of credit awarded will determine a student's study plan so we recommend, where possible, students apply for advanced standing at the same time as they apply for admission.

International students should apply to be pre-assessed for advanced standing (Credit Transfer) at the time of lodging their application for admission to the International Office.

Students wishing to apply for advanced standing during their studies should submit an application to their School or Shared Services Centre at least one month before the start of the relevant study period. All requests for advanced standing must be completed before the final study period. This will ensure that course completion and graduation are not unnecessarily delayed.

Students should also check that the basis on which they are applying for advanced standing aligns with that stipulated for the course or the relevant School or College. Therefore, if applying for advanced standing solely on the basis of professional level experience it is important to

check with the relevant School or College to ensure that applications for advanced standing are accepted on this basis.

If applying for advanced standing based on previous tertiary study, including study at TAFE, private providers or other universities, please attach the following:

- Transcript/s for completed or partially completed qualification/s (including failures and an explanation of the grading system)
- Detailed course and/or unit outline/s

and where applicable:

- Statement of Attainment for partially completed qualification/s OR Testamur/Certificate for completed qualification/s.

Students who have previously been enrolled at Southern Cross University (SCU) will not generally need to submit their transcript of results but may need to supply copies of unit statements for units completed.

The documents submitted must be originals or certified copies of originals. Non-English documents must be submitted in the original language, accompanied by an authorised English translation. For further guidance download the Certification and Translation Guidelines, this is located on the Advanced Standing website.

To apply for Advanced Standing students should first download and complete the Advanced Standing Application Form.

Be sure to:

- read the form carefully
- print clearly and neatly, in English, using black pen, completing all relevant sections in full
- initial and date any change that you make to the form
- sign and date Part 3, DECLARATION
- photocopy the completed form for your records
- securely attach supporting documents to the form. Individual schools may have particular documents that will be required, if this is the case those documents will be noted in Part One of this guide.

Submit the Application for Advanced Standing together with supporting documents to the relevant School or College, or Shared Services Centre.

It may take from one to four weeks to process and assess an application, depending on the level of assessment complexity and whether complete information and sufficient supporting documents have been supplied.

Students will be notified of the outcome in writing. International students studying in Australia, who have applied and been granted advanced standing following the commencement of the course, are required by the Education Services for Overseas Students (ESOS) Act to acknowledge, in writing, acceptance of the advanced standing granted. The 'Advanced Standing Acceptance Declaration', supplied with the notification of advanced standing, must be signed, dated and returned to the SCU International Office within two calendar weeks of the date of the 'Advanced Standing Notification'. The International Office will then vary the period of study on an International student's Confirmation of Enrolment (CoE).

Students may query the outcome of their Application for Advanced Standing and may appeal any decision except academic judgement. Appeals will be dealt with in accordance with the Student Grievance Policy.

A student who has accepted advanced standing may at any time, apply in writing to the relevant School or College to rescind (withdraw, overturn or cancel) part or all of this credit. Requests to rescind credit will only be approved for sound academic reasons (e.g. the student wishes to undertake the unit, to change direction in their degree or undertake an approved

exchange or study abroad program). Once credit has been rescinded, students will not automatically be re-granted that credit.

Any advanced standing granted or rescinded will affect a student's study plan and the units in which they will need to enrol to complete their course. For study plan and unit sequence advice contact the relevant School or College. International students should consult their International Refund Policy ('Listed in your Acceptance of Offer Agreement') about the refund impacts this may have.

Advanced Standing Search Website

The Southern Cross University (SCU) Advanced Standing Search allows you to see how much advanced standing you may be granted for your previous studies.

More information

For more information go to Southern Cross University's Advanced Standing website.

Class timetabling

Information about class timetables is available from the University's Class and Exam Timetables website. This represents the most up-to-date timetable information for SCU on-campus students and does not apply to external studies.

Students can use the timetables online search facility to check class timetables for the following locations:

- Coffs Harbour
- Gold Coast–Beachside
- Lismore
- Port Macquarie
- Tweed Heads - Lakeside
- Tweed Heads - Riverside

Please continue to check timetables periodically as times may change.

Class registration

Students who elect to enrol in units offered internally must register for classes online. Students will receive an email from Student Services advising when online class registration is open for each study period. All Schools/Colleges use online class registration and students must register for classes through My Enrolment. Please note some students do not register for classes, for example, distance education/external/university-wide students.

It is easier for students to register into their preferred class if they already know the class they wish to take. Therefore, we recommend students review the class timetables for their enrolled units prior to class registration opening and to have alternative classes selected in case their preferred class is already full. This will make online registration easier. Remember – you must be enrolled in the unit before you can register into classes.

There are very few classes that do not register online. However, if a unit has only one class scheduled (i.e. there is no choice about the days students can attend classes), then students will be automatically allocated to that class. Students will see they have been registered into the class when they look at their timetable in My Enrolment.

Where there is a choice of classes (usually for tutorials, workshops or Lab sessions), then students must register for classes online through My Enrolment (use the *My Classes* menu option).

Class registration opens progressively during the week for Schools/Colleges. Please note, units belong to each School; students should ensure that classes are open before they try to register. This is particularly important for students who are studying units across schools.

HINT: the earlier a student registers for classes once class registration opens the greater chance they have of gaining their first preference of class.

For more information about class registration download the Student Services Demonstration Guides: My Classes – Registering in Classes.

Leave of absence

Students can apply for a Leave of Absence for up to one year (12 months) provided they have remained enrolled in at least one unit of study past a given census date. Students can apply for an extended Leave of Absence up to two years (24 months) upon approval from the relevant School.

Applications for Leave of Absence are submitted through My Enrolment.

Students who do not make application for a Leave of Absence will be automatically withdrawn from their course of study where no enrolment is evident after a certain period. Should the student wish to return to study at a later date, they will need to re-apply to the University either directly or via UAC/QTAC and either provide the same supporting documentation as the initial application or evidence of the SCU study prior to withdrawal.

International onshore students are only permitted six (6) months Leave of Absence. All International onshore students considering taking a Leave of Absence must first seek approval from the SCU International Office.

For further information please refer to Rules Relating to Awards in the Student Handbook (see Rule 2.7(a–f)).

Variation to enrolment

A student may vary their original unit enrolment details through My Enrolment. Deadlines exist for enrolment variations and course and unit withdrawals. Changing the mode of study, for example internal (on-campus) to external study (distance education/university wide), and unit substitutions are enrolment variation requests and are subject to the same deadlines.

The dates by which a student must vary their enrolment are set out in the Principal Dates section of the Student Handbook. Enrolment variations after the prescribed dates can affect a student's academic record and financial liability.

International onshore students on a student visa are only permitted to study twenty-five (25) percent of their course by distance education (external/university wide). All International onshore students considering varying their enrolment to include external units must first seek approval from the SCU International Office.

Withdrawing from a course or unit

After certain dates in the academic calendar have passed, withdrawing from a course or unit can have a serious impact on a student's financial liability and/or academic record.

Withdrawing from unit/s without incurring a Student Contribution Amount

The final day to withdraw from unit/s without incurring a Student Contribution Amount (SCA) is the census date. Census dates vary depending on the unit/s in which a student is enrolled. Students can check the census date for each enrolled unit through My Enrolment. Each enrolled unit will be displayed with its census date clearly identified. Students who withdraw from unit/s after census date will incur a SCA.

Withdrawing from unit/s without incurring a Fail grade

The final day to withdraw from unit/s without incurring a Fail grade is referred to as the `Withdrawal Without Failure' date. Withdrawal Without Failure will still incur a Student Contribution Amount as the final day to withdraw without incurring this debt is census date. Students who withdraw from unit/s after the Withdrawal Without Failure date will incur a Fail

grade. To check the final day to withdraw without incurring a Fail grade go to the teaching calendar Key Dates published on the SCU Student Services website.

Fee-paying courses

If you are enrolled in a fee-paying course and you withdraw from your course or unit/s after the start of the study period you may be liable for a partial fee. Refer to the University Refund Policy set out in the Rules Relating to Student Fees and Charges in the Student Handbook.

It is the responsibility of each student to be aware of the relevant dates and consequences before withdrawing from a course or unit. Course or unit withdrawal can be done through My Enrolment.

Regulations relating to a course or unit withdrawal are also set out in the Enrolment Rules, which are printed in the Rules section of the Student Handbook.

Students who require further information or assistance should contact Student Services on:

Phone:	1800 626 481
Email:	enrol@scu.edu.au

International onshore students

International onshore students should contact the International Office if they intend to withdraw from their course.

Phone:	+61 2 6620 3876
Email:	intoff@scu.edu.au

Further information about unit withdrawal impacts for International students are detailed at www.scu.edu.au/students/fees/index.php/14/

Cross-institutional studies

It may be possible for SCU students to undertake a unit/s of study at another university and have the unit/s credited to their award (course, degree or program).

Students interested in applying for approval to study cross-institutionally at another institution should first discuss their intention with their school. The School may require the application to be in writing and accompanied by the unit statement/s for the unit/s a student wishes to study.

Where the request is approved, the School will provide written approval, which will be required by the university that you wish to study at. It is the student's responsibility to organise enrolment at that university. As each university will have different requirements and deadlines, students will need to check these carefully.

On completion of cross-institutional study, the student will need to provide their School with their academic transcript, or a certified copy, attached to a completed Advanced Standing Application form to have the unit/s credited towards their SCU degree. To avoid delays with graduation, please make sure that all applications for advanced standing are submitted as soon as possible after the completion of cross-institutional study.

International onshore students on a student visa are only permitted to study twenty-five (25) percent of their course by distance education (external/university wide), which includes cross-institutional studies. All International onshore students considering undertaking a unit of study at another university must first seek approval from the SCU International Office.

Students studying at other universities may apply to study cross-institutionally at SCU. Application is made direct to SCU using the University's Direct Application form. Normal admission deadlines apply.

Please note, not all courses allow students to undertake cross-institutional study.

For more information please contact your School Student Liaison Officer (contact details in Part One of this guide) or Student Services:

Phone: 1800 626 481

Email: stuadmin@scu.edu.au

International onshore students should contact Southern Cross University's International Office:

Phone: +61 2 6620 3876

Email: intoff@scu.edu.au

Course transfer

If you are currently admitted to a course at Southern Cross University you may apply for a course transfer to study a different Southern Cross University course. Students can apply to do so by making application online through My Enrolment.

If you are seeking credit transfer (advanced standing) for units in the course that you are transferring to based on similar units you have studied in your current course, please complete an Advanced Standing Application form. You will not have to supply supporting documentation as a copy of your academic record will be accessed to ascertain your eligibility to course and credit transfer.

Students cannot transfer to another course at another University or Higher Education Institute. Instead you must withdraw from the SCU course using My Enrolment and make application to the new institute via their published application process.

Please note students wishing to exit from an SCU course with a lesser award should contact the relevant School or College for further information.

Further information about enrolment issues

Further information or assistance regarding enrolment issues is available by consulting:

- the relevant course and unit entries in the Student Handbook
- the relevant Enrolment Rules in the Rules section of the Student Handbook
- the relevant School or College Student Liaison or Support Team
- a Student Services Enrolment Officer:

  Phone: 1800 626 481

  Email: enrol@scu.edu.au

MySCU

MySCU is a student's point of entry to a range of online services and resources that support study and student life. The portal includes **Unit Learning Sites** and **Information Sites** where students can access resources, communication tools and useful links that are integral to their studies.

Students should regularly check the following location in their browser:

http://study.scu.edu.au

This opens the MySCU student intranet page.

MySCU Information Sites

MySCU information sites contain the Student Centres for each School and are typically online information forums specifically developed to support students studying units offered by a particular school. Following are examples of the information that may be contained within School Student Centres:

- **Notice Board** contains important announcements posted in relation to administrative deadlines, re-enrolment, examinations, upcoming events and internship opportunities, as well as a range of other relevant details.

- **Information** about advanced standing, leave of absence, candidature extension and graduation together with links to other University sites such as Schedule of Units, principal dates, Student Handbook, special consideration and examination, maps, student classifieds and My Enrolment.
- **Textbooks and Timetables -** links students to information about textbooks and timetables for classes and examinations.
- **Course Information** contains links to current course enrolment guides and relevant course related information.
- **Unit Assessor List** for units on offer in each study period.
- **Discussion Board -** an interactive forum that allows students to communicate with staff and/or network with other students.
- **Staff Contacts -** lists School staff and their contact details.
- **Job Opportunities -** provides students with information in relation to employment vacancies and where applicable opportunities for industry scholarships.
- **Important Links** are also provided to the University Co-op Bookshop, Schedule of Units, University Library, Student Services, Academic Skills Development and Counselling Services.

MySCU Learning Sites

A unit Learning Site is a central place to access information, learning resources and activities for each unit of study in which a student is currently enrolled. Within these sites students can access essential information including the Unit Information Guide and content (that can be presented as text and multimedia formats), participate in learning activities such as online sessions and assessment tasks, and interact with teaching staff and fellow students.

The **Unit Information Guide** is important for study as it contains details of the aims, objectives and syllabus of the unit, details of essential readings and textbooks (if applicable) as well as due dates for assessment tasks.

Through Learning Sites students may be provided with access to interactive communication tools to share ideas and content with your teachers and fellow students. For example, students may have access to discussion forums, blogs and wikis, email, instant messaging, recordings of lectures and online class sessions via **Blackboard Collaborate** with live audio, video, text chat and shared, interactive content (e.g. PowerPoint presentations, Excel spreadsheets).

Students will obtain access to MySCU Learning Sites one week prior to the commencement of the study period providing they are enrolled in that unit. Please note Learning Sites will be open to allow students to become familiar with the site and to download information but teaching and online interaction will not occur until the first teaching day of the study period.

If the symbol is displayed to the left of the link to the Learning Site this means the site is not yet available. Where a student cannot see a particular unit listed under Learning Sites they should first check their enrolment status through My Enrolment. If it appears the student is not enrolled in that unit, they should either enrol in that unit or email a variation request to Student Services at enrol@scu.edu.au If a student is enrolled in a unit but still cannot see the Learning Site they should send an email to helpdesk@scu.edu.au

Blackboard Collaborate

The web-based program **Blackboard Collaborate** delivers advanced online learning environments for students and lecturers to communicate and collaborate through virtual meeting spaces and classrooms. They can share files, presentations, and applications. If the session is recorded, students can view it afterwards. Blackboard Collaborate is used in many SCU units (both on-campus and external). To use audio in Blackboard Collaborate sessions, students are advised to use a headset with a microphone.

MySCU login details

To access MySCU students will need their account details.

New students

A student's letter of offer provides the information needed to log in to My Enrolment. Please note, new students will need to log in to My Enrolment to access their MySCU account details.

After logging in students should ensure that they click on the MySCU Details tab and record their username and password. This section provides students with access to their study portal. It is separate to My Enrolment.

Continuing students

Continuing student should use their existing username and password. If a student has forgotten their password they should contact the IT Service Desk:

Phone: +61 2 6620 3698

Email: servicedesk@scu.edu.au

Changing your password

Students can change their password by accessing the following link: www.scu.edu.au/changepassword. It is important that students change their passwords regularly.

HINT 1: Commencing/first year students should check MySCU as soon as possible as it will assist their preparedness for university studies.

HINT 2: It is important students read and understand the information contained in the Unit Information Guide.

Textbooks

Prescribed textbook details can be found on the University Co-op Bookshop website www.coop-bookshop.com.au and are also contained in your Unit Information Guide for each unit.

Approximately two to three weeks prior to each study period commencement students can check their prescribed textbook list on the University Co-op Bookshop website. Information regarding prices and availability can also be checked on this site.

Prescribed textbooks can be purchased from on-campus Co-op Bookshops at Coffs Harbour, Lismore and Beachside, or online for delivery to residential addresses.

When searching for textbooks or ordering online students should use the text search facility. Go to the website and find 'Text List Search' in the 'Book Search' drop down menu at the top left. Enter the Southern Cross University campus, relevant study period and unit code/s. Searching or ordering using the `Text List Search' will link automatically to the textbook information a Southern Cross University member of staff has given the University Coop Bookshop and will ensure that the correct books are selected.

Limited copies of required texts are placed on reserve in the University Library.

The University Co-op Bookshop contact details are:

Lismore campus

Online: www.coop-bookshop.com.au

Phone: +61 2 6621 4484

Fax: +61 2 6622 2960

Email: lismore@coop-bookshop.com.au

Coffs Harbour campus

Online: www.coop-bookshop.com.au

Phone: +61 2 6659 3225

Fax: +61 2 6659 3226

Email: coffs@coop-bookshop.com.au

Beachside campus

Online: www.coop-bookshop.com.au

Phone: +61 7 5599 4191

Fax: +617 5599 4568

Email: scubeachside@coop-bookshop.com.au

For further information visit the website: www.coop-bookshop.com.au

Study materials and Books of Readings

Copies of study materials are available online. The Unit Information Guide and Study Guide are available on the MySCU Learning Site for each unit. The Book of Readings, if applicable to a unit, is available on the University Library eReadings website (for online viewing and saving). Some Study Guides and workbooks, if applicable, may also be available on eReadings.

Delays in obtaining study materials may be experienced if you enrol (or vary your enrolment) only a few weeks before the study period commencement date. If study materials are not available one week before the commencement of the study period, students should immediately contact their School or College External Studies Dispatch Officer by email or telephone.

Students can obtain printed copies of study materials using Rapidprint, which is a student print-on-demand system where printed copies of the study materials in eReadings can be purchased. Your SCU username and password are required.

Hardcopies of study materials are usually only available upon request.

Students in Correctional Centres

If you are currently in a Correctional Centre, please advise the relevant School or College as soon as possible. We are aware that students in Correctional Centres may require Southern Cross University to make special arrangements to ensure access to study materials.

Books of Readings

Books of Readings are often produced by Schools or Colleges to supplement textbooks and are available on the University Library eReadings website. In eReadings study materials are available for students to browse. Students can obtain printed copies using RapidPrint.

RapidPrint is a student print-on-demand system where printed copies of the study materials in eReadings can be purchased. Credit cards are accepted and any Australia Post charges are added to the cost of the order. Your SCU username and password are required. Distance education (university wide/external) students receive a copy of the Book of Readings in their study materials but are welcome to use the services of RapidPrint, if they wish.

More information

For more information on RapidPrint or to access their printing services go to the SCU RapidPrint website.

School specific arrangements

Where a School has alternative arrangements in place regarding study materials and Books of Readings, students will find specific information in Part One of this guide.

Turnitin

Many assignments at the University will be submitted (through MySCU) to Turnitin, a text-matching system that finds similarities between assignments and other documents such as web pages and academic journals.

Turnitin produces an 'Originality Report', a report identifying sections of text in the submitted assignment which match sections of text in these other documents. Turnitin at SCU is set up so that students can self-check their work before submitting a final copy of their assignment.

For further information see the SCU Turnitin website.

Orientation and transition

The orientation program at Southern Cross University is a four-week program welcoming first-year and returning students to SCU. The program offers essential information to help students start and recommence their university life. This essential information includes course information sessions, academic support sessions and student support information. There is also a comprehensive sport and cultural program and there are opportunities to meet other students and staff in a supportive environment.

To find out more go to the SCU Orientation website.

Beat The Stress Week

`Beat The Stress Week' is an integral part of the Southern Cross University Orientation Program. It showcases support services and associated staff and puts a face to a name. The Beat The Stress Week program includes a festival day, clubs and societies day, informative sessions and workshops, entertainment and much more.

To find out more go to the SCU Orientation website.

Student Health and Support Services

Southern Cross University Student Health and Support Services (SHSS) offer a range of services to encourage academic success and increase a student's enjoyment of study and university life. SHSS provides students with personal assistance including counselling, medical and dental services, disability and equity services, and pastoral care.

The Student Health and Support Services website will assist external students and students on all campuses to locate the services available either on campus or online. The website can be found at www.scu.edu.au/studentsupportservices

The contact details for Student Health and Support Services are:

Counselling

Lismore & Distance Education students:	+61 2 6620 3943
Coffs Harbour:	+61 2 6659 3263
Gold Coast and Tweed Heads:	+61 7 5589 3001
Email:	counselling@scu.edu.au
After Hours:	1300 369 968 (Mental Health Access Line)

Medical

Lismore:	+61 2 6620 3943
After Hours (Lismore):	+61 2 9963 3032

Disability Support

Lismore & Distance Education students:	+61 2 6620 3943
Coffs Harbour:	+61 2 6659 3263
Gold Coast and Tweed Heads:	+61 7 5589 3001

Chaplaincy

Lismore:	+61 2 6620 3943
Coffs Harbour	+61 2 6652 3263
Gold Coast and Tweed Heads:	+61 7 5589 3001

Student Mentoring

All enquiries:	+61 2 6620 3422

Indigenous Australian Student Support

Indigenous Australian Student Support (IASS) provides an extensive service to all Indigenous Australian people who are studying at Southern Cross University. The aim of IASS is to provide the highest quality support to Indigenous Australian students within a culturally safe and welcoming atmosphere. The IASS team is made up of a number of specialist staff who are dedicated to supporting Indigenous Australian students throughout their University experience. As a whole, the team is dedicated to developing a sense of scholarship, community and growth amongst staff and students. IASS provides a space for students to get together at an informal social level as well as tutorial rooms and a computer lab for Indigenous Australian student's use. At IASS we welcome Indigenous Australian students, families and local community to drop in and share our space. We acknowledge and respect all Indigenous Australian Elders and encourage them to be part of our support strategies. Their contribution, like yours, is of vital importance to all our learning journeys.

University Library

The Library provides a wide range of services, print and electronic resources to support students in their study and assessment tasks, including distance education students and students with special needs.

Students should visit the Southern Cross University Library website to discover the range of services, online resources and various sources of assistance available.

Library services and resources include:

- **Getting Help**: librarian assistance, finding information, referencing, EndNote and copyright
- **Online Resources**: catalogue, databases, Ebooks, eReadings, journals, past examination papers, and search tools
- **Library Services**: borrowing, document supply and podcasts
- **SCU Library Guides**: subject guides.

Southern Cross University Library contact details are:

Lismore campus (located in Block A)

Freecall:	1800 659 460 or +61 2 6620 3752
Fax:	+61 2 6622 0093
Email:	libdesk@scu.edu.au

Coffs Harbour campus (located in Block E1)

Phone:	+61 2 6659 3232
Fax:	+61 2 6659 3234
Email:	coffslibrary@scu.edu.au

Gold Coast and Tweed Heads (located at Gold Coast Campus)

Phone:	+61 7 5589 3100
Fax:	+61 7 5589 3702
Email:	goldcoastlibrary@scu.edu.au

Academic Skills Development

Academic Skills Development (ASD) at Southern Cross University provides educational support to students, staff and the university as a whole. The team's primary role is to improve the quality of learning by developing students' academic language, learning, critical thinking and numeracy skills as well as providing strategies for effective study.

Academic Skills Development supports internal and external students at all levels of study and have developed a range of resources and support services for students to access. To view these services go to the Academic Skills Development website.

Staff are based across three campuses at Lismore, Coffs Harbour and Gold Coast/Tweed Heads.

ASD contact details are:

Website: www.scu.edu.au/academicskills/
Email: academicskills@scu.edu.au

Lismore campus (located in Block A, 3rd Floor)

Phone: +61 2 6620 3386
Fax: +61 2 6620 3523

Coffs Harbour campus (located in Building MLG.9)

Phone: +61 2 6659 3323
Fax: +61 2 6659 3051

Gold Coast and Tweed Heads (Riverside location)

Phone: +61 7 5506 9219
Fax: +61 7 5506 9363

Services for distance education students

Distance education students (external, university-wide) can access all Southern Cross University services in-person at any one of the SCU campus locations. Distance education students can also access SCU information and services via the SCU website, telephone, email, instant messaging, SCU Connect and MySCU.

The University has also established a Student Services freecall number for external students – 1800 111 890.

Information technology support

Information Technology Services (ITS) provides a range of services, information and support to students. Services include computer accounts (access to MySCU, MyEnrolment), internet access, email and calendaring, and computing lab facilities. Information on these services is available online through the MySCU portal (study.scu.edu.au) or SCU Connect (scu.edu.au/scuconnect). SCU Connect is the online point of contact for accessing information on all ITS services and resources. Additionally, general information relating to IT services and facilities can be found at scu.edu.au/it.

IT Support: Students needing IT assistance can contact the ITS Helpdesk online through the MySCU portal (under the Computing & IT tab) and logging a call.

Alternatively, students can phone for assistance between the hours 9 am and 5 pm weekdays on:

Freecall: 1800 111 890

Or directly:

Lismore, Tweed and Gold Coast students	Coffs Harbour students
Phone: +61 2 6620 3698 Email: servicedesk@scu.edu.au Website: scu.edu.au/it/servicedesk	Phone: +61 2 6659 3080 Email: chec.helpdesk@scu.edu.au Website: checit.scu.edu.au

Early engagement and intervention support

Southern Cross University has a whole-of-university approach to early engagement and intervention support for students. Part 3 of Academic Policy relates to student retention and standing and focuses on the first-year experience and on improving student retention and student success, which includes enhancing preparedness for study, enhancing the first year experience, ensuring a quality curriculum and authentic, engaging assessment with timely feedback and clear expectations about standards. Southern Cross University has also implemented formal early interventions and strategies to assist students to better their academic performance where necessary.

Early engagement and intervention support includes:

- appropriate orientation to the social and academic culture of the University
- information about the various forms of assistance and student support services available to students
- targeted intervention and support for those students who have not engaged with their studies or do not pass early assessment items. For example, most Schools or Colleges will require students to undertake an early online orientation assessment or activity that is associated with at least one core unit during the first year. Students who do not participate or struggle with the activity will be contacted and offered appropriate assistance and support to develop the necessary skills to successfully undertake their studies
- opportunities within each course to participate in community-building activities such as peer mentoring schemes
- tracking student progress through the allocation of academic standings based on a student's Grade Point Average (GPA) and implementing appropriate intervention procedures, academic support and learning assistance activities for students who require support.

Students should become familiar with Academic Policy Part 3, Student retention and standing.

For further information refer to the SCU Policy Library - Students or contact the relevant School or College.

Examinations

Final examinations are held at the end of each study period. Not all units require examinations so students should carefully check the assessment requirements of all the units in which they are enrolled. Examination dates are detailed in the Southern Cross University Teaching Calendar.

Examinations are held in many cities and towns throughout Australia and in some countries overseas. If a student is living within 120km of an established Exam Centre they are expected to attend that centre. Examinations can be arranged outside of Australia, however they attract a fee.

Distance education students (external, university-wide) are required to select an Examination Centre through My Enrolment when they select their first units of study. Distance education students will receive a letter from the Examinations and Progression Unit, Student Services detailing the exam timetable, the exam location, the exam supervisor and any special instructions regarding the centre. Distance education students should ensure that they check their examination centre and special instructions immediately. Changes to an examination centre can be made in My Enrolment. Select the 'Change External Exam Centre Details' link under 'My Details'. Changes less than three (3) weeks prior to the commencement of an examination period attract an additional administrative charge. If a student is unable to select a suitable Examination Centre they should contact the Examinations and Progression Team.

Students who need to sit an examination at an overseas location must contact the Examinations and Progression Team to make the required arrangements. These arrangements need to be made no later than six (6) weeks before the commencement of the exam period.

All students will receive two emails to their SCU email regarding the examination timetable. The first is to notify that the 'Draft Exam Timetable' is available. The second is to notify that the 'Final Exam Timetable' is available. The 'Draft Exam Timetable' and the 'Final Exam Timetable' are published on the SCU website and in My Enrolment. To view, select 'Exam Timetable' under *'My Exams'.* Please read all information carefully and follow all instructions.

It is a student's responsibility to check their Final Exam Timetable, exam centre details and to complete all required examinations. Details will not be given out by telephone. Misreading an examination timetable is not grounds for special consideration or a special examination.

Student Services must be notified immediately if you cannot attend an examination at a nominated external examination centre.

The University's rules governing Student Assessment and Examinations are set out in the Rules section of the Student Handbook.

For assistance please contact the Examinations and Progression Unit:

Phone:	+61 2 6620 3431 or 1800 626 481
Email:	ssexams@scu.edu.au

Special consideration/special examination

The Student Assessment and Examination rules provide for students to be granted a special examination or special consideration in appropriate circumstances.

A student may apply for special consideration to vary the deadline for an assignment assessment task (extension). This does not apply to an end of unit examination.

Where a student completes an assessment task (examination or assignment) and they believe their preparation or performance was adversely affected by health (including impacts of religious fasting); compassionate circumstances; religious observances or celebrations; serious unforeseen personal events; selection in State, national or international sporting or cultural events; rendering genuine and unforeseen emergency service in a professional or voluntary capacity; or rendering any service (including undertaking training) in the Defence Reserves, the student may apply for special consideration regarding the marking of the assessment.

If a student is unable to sit for an examination due to medical or other exceptional circumstances they may apply for a special examination by completing an Application for Special Consideration and submitting it to the relevant School or College. Except in exceptional circumstances, a special examination will not be granted once a student sits for an examination. Misreading the exam timetable is not grounds for a special examination.

An application form for Special Consideration is available from the Student Centre, from your School or College and on the Student Services website. All applications for special consideration/special examination **must** be accompanied by supporting documentation and/or corroborative evidence as follows:

Health grounds

- A health certificate from a registered health practitioner that must include the date of consultation and a specific statement of effect of medical complaint and/or treatment on your ability to complete any relevant task.

Compassionate circumstances

- Factual details of the circumstances or event and corroborative evidence that may support your claim e.g. health certificate, newspaper death notice.

State, National or International sporting or cultural events , or religious observances or celebrations

- A statement signed by an authorised officer of the appropriate organisation which validates a conflict with the University's timetable.

Rendering genuine and unforeseen emergency service in a professional or voluntary capacity, or rendering any service (including undertaking training) in the Defence Reserves

- A statement signed by an authorised officer of the appropriate organisation which details the nature of the service rendered, and validates a conflict with the University's timetable.

Grades and academic standing

At the end of each study period upon the release of grades a student can check their grades for each unit, print a copy of their grades and identify their academic standing for that study period. Students can access their grades and academic standing in My Enrolment by selecting *'My Grades'.*

Student academic progress

Student academic progress will be reviewed using University Policy and Rules that relate to course progression including professional experience components of courses and specific Award Rules. Southern Cross University Academic Policy outlines the requirements for satisfactory academic progress including academic standings and students should become familiar with their responsibilities under this policy.

Students who have been excluded because of unsatisfactory course progress will be informed they have been excluded and advised of their re-enrolment and appeal rights, which are set out in detail under Rule 2.10 in the Rules Relating to Awards.

International onshore students who receive notification that they have not met satistactory course progress requirements or have been excluded are advised they must contact the International Student Advisor at their campus.

Further information about course progress requirements can be found in the Southern Cross University Academic Policy, Part 3, Student retention and standing - refer to SCU Policy Library - Students, and the Rules Relating to Awards in the Student Handbook.

Querying a grade

Students may query the grade awarded for any unit by first contacting their Unit Assessor to discuss the matter. The Unit Assessor will provide advice regarding the process, which is specified under Rule 3.15 Query of Final Grade in the Southern Cross University Rules Relating to Awards.

Students have a responsibility to adhere to the University Rules, which are published in the Student Handbook. Students should also refer to the Rules for guidance on University process and applicable timeframes. Further advice and support can be obtained by contacting the relevant School or College Student Liaison and Support Team.

Staying in touch with SCU

Students should ensure that they keep their contact details up to date in My Enrolment, including work, home and mobile telephone numbers and residential, postal and delivery addresses.

Students should also regularly access MySCU, (the University's online learning portal). Most lecturers make use of MySCU for announcements to all students regarding unit-related matters, to answer individual or commonly asked questions and to offer assistance, tips or feedback with assignments.

The University encourages the use of email to enhance communications and the sharing of knowledge and ideas. University email services are intended to allow greater efficiency and support teaching, learning, research and administration activities. The University student email address is viewed and used as the University's primary form of written communication with students. Students should access their SCU webmail weekly (even during University vacation periods) as changes to enrolment details, all-student notices and important reminders relating

to University studies are sent to student SCU email accounts. Forwarding of SCU student email to a private email address is permitted. Forwarding instructions are detailed in My Enrolment under 'Email Forwards' – click on the 'Webmail Forward' link.

For further information please refer to the IT&TS *Email Policy, 2.2.1. Access and Availability – Student Email Accounts*.

MySCU and webmail login details

To access most technology services (MySCU, MyEnrolment, webmail etc), students will need their account details.

New students

A student's letter of offer provides the information needed to log in to My Enrolment.

After logging in students should ensure that they click on the MySCU Details tab and record their username and password. This section provides students with access to their study portal. It is separate to My Enrolment.

Continuing students

Continuing students should use their existing username and password. If a student has forgotten their password they should contact the IT Service Desk:

Phone: +61 2 6620 3698

Email: servicedesk@scu.edu.au

Complaints @ SCU

The University has a commitment to seeking feedback from students and staff, and acknowledges the right of students, staff or members of the public to complain if they are dissatisfied.

The University has established a Complaints Management Framework to provide for the timely and fair resolution to complaints. The Framework will help students to decide how to proceed with a complaint or concern.

Students are encouraged to make a complaint informally, as many complaints can be sorted out with the staff member directly responsible. However, if a complaint submitted informally is not resolved, then students should set out their complaint in writing to the nominated officer.

For further information about how to submit a complaint please refer to:

Complaints @ SCU

Complaints Management Framework

General information

Key dates for 2013

2013 SESSIONS	Session 1, 2013	Session 2, 2013	Session 3, 2013-2014
Online Enrolment Opens	Tuesday 2 October 2012	Tuesday 2 October 2012	Tuesday 2 October 2012
Orientation Starts	Wednesday 13th February	Wednesday 12th June	Wednesday 9th October
Studies Commence	Monday 18th February	Monday 17th June	Monday 14th October
Last date to enrol online	Refer to the 2013 Teaching Calendar		
Census date	Check your census date in My Enrolment		
Study break	Friday 29th March – Friday 5th April	Monday 29th July – Friday 2nd August	Monday 16th December – Wednesday 1st January, 2014
Last Date to Withdraw Without Fail	Refer to the 2013 Teaching Calendar		
Study break	Monday 20th May – Wednesday 22nd May	Monday 16th August – Wednesday 18th August	Monday 20th January, 2014 – Wednesday 22nd January, 2014
Exam period	Thursday 23rd May – Saturday 1st June	Thursday 19th September – Saturday 28th September	Thursday 23rd January, 2014 – Saturday 1st Feb, 2014
Inter-Session Break	Monday 3rd June – Friday 14th June	Monday 30th September – Friday 11th October	Monday 3rd February, 2014 – Friday 14th February, 2014
Grade Publication	Refer to the 2013 Teaching Calendar		

2013 TRIMESTERS	Trimester A, 2013	Trimester B, 2013	Trimester C, 2013
Online Enrolment Opens	Refer to the 2013 Teaching Calendar		
Studies commence	Monday 21st January	Monday 13th May	Monday 2nd September
Last date to enrol online	Refer to the 2013 Teaching Calendar		
Census date	Check your census date in My Enrolment		
Last Date to Withdraw without fail	Refer to the 2013 Teaching Calendar		
Exam Period	Monday 22nd April – Friday 3rd May	Monday 12th August - Friday 23rd August	Monday 2nd December – Friday 13th December
Inter-Trimester Break	Monday 6th May – Friday 10th May	Monday 26th August – Friday 30th August	Monday 16th December – Friday 17th January, 2014
Grade publication	Refer to the 2013 Teaching Calendar		

The SCU **2013 Session and Trimester Teaching Dates Calendar** outlines each week in the study period and its corresponding dates. Use the following link and under *Important Dates* select *2013 Session/ Trimester Teaching Dates.* A two page calendar will appear. The first page contains Session dates, the second page contains Trimester dates. Use the scroll bar to the right of the screen to access the second page.

2013 Session and Trimester Teaching Dates Calendar

For further enquires please telephone 1800 626 481.

Useful University websites

Getting started

Getting Started Website	http://www.scu.edu.au/gettingstarted
Academic Skills Development	http://www.scu.edu.au/academicskills
Accommodation	http://www.scu.edu.au/accommodation
Campus maps	http://www.scu.edu.au/about/maps
Key dates	http://www.scu.edu.au/services/studentservices/index.php
Change your password	http://www.scu.edu.au/it/index.php/3
eReadings	http://www.scu.edu.au/library
Fees and financial assistance information	http://www.scu.edu.au/fees
Fees and financial assistance – document downloads	http://www.scu.edu.au/fees/index.php/dds
First year student support	http://www.scu.edu.au/firstyear/
Future students – document downloads	http://www.scu.edu.au/students/prospective/index.php/dds
International students – unit withdrawal impacts	http://www.scu.edu.au/fees/index.php/5
International onshore students	http://www.scu.edu.au/international/iss/
Library	http://www.scu.edu.au/library/
My Enrolment	http://www.scu.edu.au/myenrolment
MySCU	http://study.scu.edu.au
Orientation and transition	http://www.scu.edu.au/orientation
Policy and information – Academic Standings and Appeals	http://www.scu.edu.au/policy/
Principal teaching dates	http://www.scu.edu.au/about/dates
RapidPrint	http://rapidprint.scu.edu.au
Schedule of units	http://www.scu.edu.au/scheduleofunits
SCU Connect	http://www.scu.edu.au/it/
Student representation	http://www.scu.edu.au/services/oasis/index.php/2/
Student Mentoring Program	http://www.scu.edu.au/equity/index.php/3/

Student Handbook	http://www.scu.edu.au/handbook
Student life [OASIS]	http://www.scu.edu.au/services/oasis/
Student Services	http://www.scu.edu.au/studentservices/
Student Support Services	http://www.scu.edu.au/services/supportservices/
Textbooks	http://www.coop-bookshop.com.au
Timetables	http://www.scu.edu.au/timetables
Turnitin	http://study.scu.edu.au/turnitin
Webmail	http://webmail.scu.edu.au

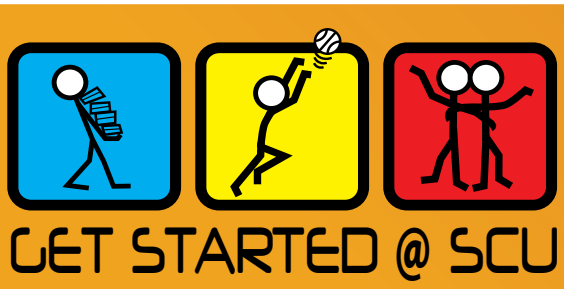
About the University

About the University	http://www.scu.edu.au/about
General contact details	http://www.scu.edu.au/contact
International Office	http://www.scu.edu.au/international
Campus Tours	http://www.scu.edu.au/marketing/index.php/10

Schools and Colleges

Arts and Social Sciences	http://www.scu.edu.au/sass
Education	http://www.scu.edu.au/education
Environment, Science and Engineering	http://www.scu.edu.au/enviroscience
Gnibi – College of Indigenous Australian Peoples	http://www.scu.edu.au/gnibi
Health and Human Sciences	http://www.scu.edu.au/healthscience
Law and Justice	http://www.scu.edu.au/law
SCU College	http://scucollege.scu.edu.au/
Southern Cross Business School	http://www.scu.edu.au/business-school
Tourism and Hospitality Management	http://www.scu.edu.au/tourism
The Hotel School Sydney	http://www.hotelschool.scu.edu.au

Southern Cross University Orientation Program



ALL WELCOME!

The Orientation Program at Southern Cross University marks the beginning of university life for our new students and a big welcome back to our returning students.

The Orientation Program, **Get Started,** provides new and returning students with the *'must have'* knowledge to start university life. The program includes important orientation sessions such as:

- essential course information sessions
- academic skills development sessions
- library and campus tours
- IT essentials.

UniLife, in conjunction with student groups, also offers a variety of social, sporting and cultural programs and coordinates a "Get Connected Week", in the last week of the orientation program. It is your chance to meet other students and make valuable networks and form study groups.

Start by going to **scu.edu.au/orientation** and get all your orientation information – we welcome you to SCU!

SCU.EDU.AU/ORIENTATION

Southern Cross University

UniLife
enriching the university experience

SCU4144