

National resources

RESOURCE	DETAILS	CONTACT
1800 RESPECT – Sexual assault, domestic and family violence counselling service	24/7	1800 737 732
Lifeline	24/7	13 11 14
Mensline Australia	24/7	1300 789 978
QLife	3pm-midnight in your timezone.	1800 184 527
BeyondBlue	24/7	1300 22 4636
Relationships Australia		1300 364 277
Bravehearts	8:30am-4:30pm AEST, Mon-Fri	1800 272 831
Sexual Abuse and Redress Support Service (Formerly Sexual Assault Counselling Australia)		1800 211 028
Rainbow Sexual, Domestic and Family Violence Helpline (Formerly LGBTIQ+ Violence Service)		1800 497 212
Blueknot - Adults Surviving Child Abuse	9am-5pm AEST	1300 657 380

Relay and translation services

RESOURCE	DETAILS	CONTACT
National Translating and Interpreting Service for callers who require English translation services (TIS)	24/7. Call then request them to contact the number of the service you wish to contact.	13 14 50
National Relay Service for callers who are deaf or have a hearing or speech impairment (NRS)	24/7. TTY / Voice calls.	133 677

ACT services

RESOURCE	DETAILS	CONTACT
ACT Human Rights Commission		(02) 6205 2222
Canberra Rape Crisis Centre (CRCC)		(02) 6247 2525
Domestic Violence Crisis Service (DVCS)		(02) 6280 0900
Gugan Galwan Youth Aboriginal Corporation		(02) 6296 8900
The Multicultural Hub's Women's Service		(02) 6100 4611
Victim Support ACT		1800 822 272
Women's Legal Centre (ACT & Region) Inc		(02) 6257 4377

NSW services

RESOURCE	DETAILS	CONTACT
Domestic Violence Line		1800 656 463
Legal Aid NSW		1300 888 529
NSW Anti-Discrimination Board		1800 670 812
NSW Health Sexual Assault Services		Find the number for your local area: bit.ly/3oXc8UL
Rape Crisis and Sexual Assault Hotline		1800 424 017
Domestic Violence Line		1800 656 463
Legal Aid NSW		1300 888 529

NT services

RESOURCE	DETAILS	CONTACT
Central Australian Women's Legal Service		1800 684 055
Northern Territory Anti-Discrimination Commission		1800 813 846
Northern Territory Crisis Line		1800 019 116
Ruby Gaea		(08) 8945 0155
Sexual Assault Referral Centre (Alice Springs)		(08) 8955 4500 or 0401 114 181 (after hours)
Sexual Assault Referral Centre (Darwin)		(08) 8922 6472
Sexual Assault Referral Centre (Katherine)		(08) 8973 8524
Sexual Assault Referral Centre (Tennant Creek)		(08) 8962 4361

QLD services

RESOURCE	DETAILS	CONTACT
Immigrant Women's Support Service (IWSS)		(07) 3846 3490
Mensline (DVConnect Domestic Violence Helpline)		1800 600 636
QLD Sexual Assault Services		Find the number for your local area: bit.ly/3GT18On
Queensland Human Rights Commission		1300 130 670
Queensland Sexual Assault Helpline		1800 010 120
Womensline (DVConnect Domestic Violence Helpline)		1800 811 811
Women's Legal Service		1800 957 957
Women's Legal Service (Rural, Regional and Remote)		1800 457 117

SA services

RESOURCE	DETAILS	CONTACT
Domestic Violence Crisis Line		1800 800 098
Equal Opportunity Commission of South Australia		(08) 8207 1977 or 1800 188 163 (country call)
Legal Services Commission of South Australia		1300 366 424
Victim Support Service		1800 842 846
Women's Legal Service South Australia		(08) 8221 5553 or 1800 816 349 (country call)
Yarrow Place Rape and Sexual Assault Service		1800 817 421
Domestic Violence Crisis Line		1800 800 098
Equal Opportunity Commission of South Australia		(08) 8207 1977 or 1800 188 163 (country call)

TAS services

RESOURCE	DETAILS	CONTACT
Equal Opportunity Tasmania		1300 305 062
Launceston Community Legal Centre		(03) 6334 1577
Sexual Assault Crisis Support		1800 697 877
Sexual Assault Support Service (Hobart and South)		(03) 6231 0044
Sexual Assault Support Service (Launceston and North)		(03) 6334 2740
Sexual Assault Support Service (North West)		(03) 6431 9711

VIC services

RESOURCE	DETAILS	CONTACT
Regional Centres Against Sexual Assault (CASAs)		Find the number for your local area: bit.ly/3GYPG3I
Sexual Assault Crisis Line (SACL)		1800 806 292
Victoria Legal Aid		1300 792 387
Victorian Equal Opportunity and Human Rights Commission		1300 292 153

WA services

RESOURCE	DETAILS	CONTACT
Domestic Violence Helpline		1800 007 339
Sexual Assault Resource Centre (SARC)		1800 199 888
Western Australian Equal Opportunity Commission		(08) 9216 3900 or 1800 198 149 (country call)
Women's Law Centre (WA)		(08) 9272 8800 or 1800 625 122 (country call)