



Faculty of Health
Research News September 2024



**Southern Cross
University**

Faculty of Health

Research Newsletter September 2024



Faculty of Health

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Welcome



Faculty of Health Research and the work of Southern Cross University (SCU) Researchers is continuing to develop at an amazing rate and we are really beginning to see the results.

In the pages of this newsletter, you will not only read of the publications and grants success of brilliant health researchers, be taken on short trips to understand the work being done by our Research Centres and Themes but you will meet some incredible researchers and research students. We are surely building a strong research culture. And as my favourite podcaster says “we are kicking goals with both feet”.

All of this has very much contributed to SCU’s jump up the University rankings. QS World University rankings now puts us at 576th in the world. This is a jump of 80 places from last year and 200 places since 2020 (i.e. before the Faculty of Health was formed). In June, Senior Deputy Vice Chancellor Mary Spongberg accepted the ‘QS Most Improved – Oceania’ award in Washington DC on behalf of SCU.

QS rankings are based on all aspects of a university’s performance – teaching, research, course profile, student, community and employer considerations. This award shows that with all the innovation in teaching and learning we have undertaken over the last few years, we are also building research programs with impact.

Very well done to all involved!!!

All this increased activity has meant a higher administrative workload, and I know that some of you have found our project approvals processes and post award processes challenging. Also after a trial period Suzie Honan left the Research Grants position. Our processes are mandatory and they serve to protect the University and our researchers but we can always improve. I hope to be able to announce in the next newsletter that we will be operating some streamlined, online processes for research grants management across the university and that we will have refined the role and appointed a new Faculty of Health Research Grants Officer who will help both pre-application and post-award.

Some of you would have recently met with, or are shortly going to meet with Dr Ian Pieper who is going to help us design a framework for Honours

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student projects (specifically Psychology Honours to begin with) that will hopefully improve student experience, give supervisors some firm guidelines and reduce the burden on the Low Risk Ethics Committee. If you see Ian around say “Hi” he looks a bit like ZZTop for those of you who remember rock bands of the 1970’s and 80s but he has a PhD in research ethics, advises the government on Clinical Trials research and has developed similar frameworks for other universities including ANU and U of Canberra.

Finally, please check your emails from the healthresearch@scu.edu.au address as there will soon be the notification of the opening of the FoH Research Support Small Grants Program for 2025. So, get those proposals out of the bottom draw and get ready to apply.

Professor Marianne Wallis

Associate Dean (Research)
Faculty of Health





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Centre updates



National Centre for Naturopathic Medicine

The National Centre for Naturopathic Medicine, led by Professor Jon Wardle, is a world-class Centre for education, research and innovation in health. The Centre was founded in 2020 at Southern Cross University Lismore, established through a generous donation from the Blackmore Foundation. The Centre offers innovative courses, pioneering research programs and professional engagement, and is committed to elevating industry standards, finding solutions to Australia's growing healthcare needs, and educating future leaders in this field.

Centre and theme updates

Centre Update

The National Centre for Naturopathic Medicine (NCNM) has recently received two major donations, enabling continued research excellence. The family of naturopathic medicine pioneer Marcus Blackmore AM has bestowed a \$10 million gift through the Blackmore Family Foundation, reaffirming their strong belief in NCNM and its impact on the field of natural medicine.

Dr. Janet Schloss' brain cancer research has inspired a generous \$1 million donation as part of NCNM's giving campaign. This donation, made by a community member who lost her husband to lung cancer, will allow Dr. Schloss to continue her important research, focusing on immunotherapy for lung cancers and hyperbaric chamber therapy.

Additionally, NCNM will soon announce the fifth round of its Research Futures Scholarship Program. Running from 13th January to 21st February 2025, this program will provide undergraduate students with the opportunity to gain first-hand research experience and develop valuable field and laboratory skills during a six-week research project under the supervision of experienced academics from Southern Cross University. SCU academics are encouraged to submit collaborative project ideas to NCNM for the 2025 round.

Conference Presentations

Dr Alana Gall and Zyana Gall have recently been to Auckland (NZ) to present their research on culturally safe management of eating disorders for First Nations people at the Australian and New Zealand Academy for Eating Disorders 2024 conference. Zyana Gall has further been announced Winner of the ANZAED Indigenous Scholarship, Aboriginal & Torres Strait Islanders, and received a travel award for her poster presentation.



Engagement

Dr Alana Gall and Zyana Gall have been co-authoring the First Nations specific policy as part of the NEDC Eating Disorder Safe Principles. In addition, Zyana has been developing outstanding artwork for the document which can be found at:

nedc.com.au/eating-disorder-resources/ed-safe

nedc.com.au/assets/NEDC-Publications/ED-Safe-Principles/ED-Safe-Principles-First-Nations-Perspectives.pdf

Centre for Children and Young People

The Centre for Children and Young People is led by Distinguished Professor Anne Graham and has a focus on the rights and wellbeing of children and young people (0-25 years) in the key contexts in which they live their lives – family, school and community.

Centre and theme updates



Photo: Kylie Day (Left) and Kathomi Gatwiri (Right)



Photo: Professor Lynne McPherson

Centre for Children and Young People launches Seminar Series

The Centre's newly launched seminar series was hosted on the 25th of July 2024, by A/Prof Kathomi Gatwiri and Dr Kylie Day. Our discussion topic was 'Decolonial research: building and maintaining relationships with community'. In the seminar, they discussed various aspects of culture, in particular how cultures shape some of our everyday thinking and worldviews. This was then applied to Indigenous data sovereignty and Afrocentric knowledge principles. Departing from typical seminar formats, the seminar structure chosen was an active format that was conversational in tone. The feedback from this more active format was so positive that the Centre has now adopted this approach for all seminars into the future.

Feedback from the conversation included:

"Thank you, Kylie, and Kathomi, what a wonderful session on an important topic";

"Thank you very much for such a valuable, thought-provoking session, Kathomi and Kylie. I have learnt so much, and I am looking forward to learning more".

New role as Chair, Out of Home Care Research underway

Professor Lynne McPherson has been busy throughout the start-up phase of the new Chair role, establishing governance and agreeing the scope of work with industry partner The Australian Childhood Foundation. The role will allow for continuity and completion of existing commitments such as Strengthening Connections and Relationships for Young People in Therapeutic Residential Care, (ARC Linkage Project) which is the largest ever study of its type in this country. This includes recently completed individual in-depth interviews with 38 young people currently living in residential care and 50 professionals who work to support them.

"We have learned directly from these young people about the practices and conditions that enable them to form trusting, healthy relationships and importantly, what gets in the way of that," says Professor McPherson. "Our next and final phase is a survey, launched to reach all young people in residential care in NSW and their carers and support professionals. We are keen to test, in this final phase of the project, an association between certain practices and young people's wellbeing. We are excited about the potential of these findings to really make a difference to the lives of our most marginalised young people."



Mental Health and Psychosocial Wellbeing

This research theme incorporates a range of disciplines focused on wellness, management of acute and chronic conditions, community development, public health and community health, and builds on SCU's foundations in mental health nursing, allied health, social work, community welfare, exercise science, public health, environmental health and maternal and child health. Health workforce development and health professional education is also a major aspect of this theme.

Centre and theme updates

The Lighthouse Program

The Lighthouse Program: Evaluating the effectiveness of a stakeholder-informed online training programme for parents, carers and supporters of 10–13-year-olds with unmet mental health needs in rural, regional and remote settings.

Chief Investigators: Professor John Hurley, Associate Professor Jacqui Yoxall, Professor Marie Hutchinson, Professor Brenda Happell, Professor Bindi Bennett (Federation University).

This research will investigate and evaluate the effectiveness of a co-designed online training programme enabling parents, carers, and supporters to therapeutically undertake early intervention and prevention roles to minimise risk to children in their care. The primary outcome will be an online course enabling parents, carers, and supporters to better undertake early intervention and prevention. The project will develop knowledge on implementation and effectiveness. If proven successful, the resources will be designed for transferability and accessibility, and learnings from the project will maximize transferability. [This report](#) offers findings from the focus group stage of the study that confirms the co-design content to be delivered and evaluated.



Health Services, Clinical and Community

This theme has three streams.

1. Health services research.
2. Pre-clinical and clinical research that involve a range of health professionals and biomedical scientists; and
3. Health workforce development for clinical service delivery. Nursing, midwifery, allied health and biomedical researchers work in multi-disciplinary teams with a range of clinical partners in this theme.

Centre and theme updates

\$1.3m NHMRC Partnership Grant for Delirium Research

Led by Principal Investigator Associate Professor Christina Aggar, the three-year research project *A novel approach to partnering with family carers in the prevention of delirium* aims to reduce the incidence of delirium and associated hospital costs and ultimately drive systemic change in delirium management.

Chief Investigators: Dr Alison Craswell (USC), Professor Kasia Bail (University of Canberra), Prof Mark Hughes (SCU), Dr Golam Sorwar (SCU), Dr James Baker (PCCS), Professor Jennene Greenhill (SCU), Dr Andrea Taylor (USC), Professor Sue Randall (USyd), Dr Roslyn Compton (University of Saskatchewan)

The NHMRC funded project builds on a [successful pilot of a delirium identification toolkit](#) known as PREDICT (Prevention & Early Delirium Identification Carer Toolkit) at The Tweed Hospital on the NSW North Coast. The PREDICT model is an evidence-based, multifaceted delirium intervention tailored for the Australian healthcare landscape.

Southern Cross University and Northern NSW LHD will collaborate with other Australian universities, healthcare services in QLD, NSW and the ACT, peak carer and consumer organisations, and lived experience consumers.

The research, focused on the nurse-family carer partnership, supported by the Prevention & Early Delirium Identification Carer Toolkit (PREDICT), promises to significantly reduce delirium incidence and related hospital costs. The project has the potential to drive systemic change in delirium management, enhancing patient outcomes and alleviating pressures on our healthcare system. The project will test the performance of PREDICT under 'real-world' conditions, including the unique impact of this initiative on carers, culturally and linguistically diverse (CALD) carers and LGBTQ+ carers.



Southern Cross University and partner organisations will be working with patients at risk of delirium and their families at these implementation sites:

- Northern NSW Local Health District (NSW)
- Hunter New England Local Health District (NSW)
- Far West Local Health District (NSW)
- Canberra Health Services (ACT)
- Royal Brisbane and Women's Hospital (Qld)
- Caboolture Hospital (Qld)



Physical Activity, Sport and Exercise Research

This theme focuses on physical activity and sports performance. It also links with social, psychological, biomedical and biomechanical researchers in the service of illness and injury prevention, sports and human performance, physical fitness promotion and chronic illness management.

Centre and theme updates

Industry partners continue to back PASER researchers

PASER theme researchers Dr Dylan Poulus and A/Prof Christian Swann have been awarded \$104,000 in funding to develop international guidelines for mental health in esports. Collaborating with Movember, Dr Poulus aims to protect the mental health of millions of gamers worldwide, reinforcing his leadership in the field and positioning Southern Cross University at the forefront of esports research.

Additionally, A/Prof Chris Stevens has secured a \$28,093 research contract with Omius. He will lead a team to scientifically evaluate Omius' cooling technology, worn by over 50 athletes at the recent Olympic Games. This contract underscores Chris' expertise in the thermoregulation field.

With these recent funding successes, PASER has now surpassed a total of \$1 million, which is an outstanding achievement less than two years since its formation.



Photo: PASER theme researcher, Dr Dylan Poulus



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Publications



Publications

Faculty of Health staff have reported 79 peer reviewed research journal articles, and one non-traditional research report in May – August 2024. In addition, new staff have reported 13 peer reviewed research journal articles and one research book chapter published from 2020 to 2023.

Publications

The research team in the Aquatic Based Research, recently published the following paper in PeerJ that received national media attention:

Climstein, M., Hudson, J., Stapelberg, M., Miller, IJ., Rosic, N., Coxon, P., Furness, J & Walsh, J. (2024). Patients poorly recognize lesions of concern that are malignant melanomas: is self-screening the correct advice?. PeerJ.

DOI 10.7717/peerj.17674

PeerJ also published a “spotlight” highlighting the paper. PeerJ spotlights feature research published in PeerJ journals that is of interest to non-specialists and the general public:

peerj.com/blog/post/115284889431/article-spotlight-patients-poorly-recognize-lesions-of-concern-that-are-malignant-melanomas

Further media associated with the above publication can be found in the ‘Researchers in the Media’ section of this newsletter.





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**Grant and Award Success
Research Project Updates**



Grant and Award Success

Successful external funding

In total, in the last four months, another \$3m of external funding has been fully signed off by the DVCR, for FoH researchers.

Grant success

Dr Janet Schloss has had a donation of \$1m to help support her integrative cancer research program and to support the work of her PhD student working on a specific project within the program.

A/Prof Christina Aggar and a large team including Prof Mark Hughes, Dr Golam Sorwar, Dr James Baker & Prof Jennene Greenhill from SCU and academics from a number of other Australian and Canadian Universities together with a lot of health service and peak body partners have been awarded an NHMRC Partnership Grant for a project entitled: A novel approach to partnering with family carers in the prevention of delirium. See further details elsewhere in this Newsletter.

A/Prof Christina Aggar, Dr Michelle Bissett and A/Prof Eric Brymer have also continued their collaboration with Primary and Community Care Services who have provided another \$100,000 to support a program of research focused on Social Prescribing.





Research Project Update

Research Project Update

SCU leads in uncovering the serious links between pleasure and health

Faculty of Health researcher Dr Desirée Kozlowski is the lead investigator on the National Pleasure Audit (Australia), a nationwide survey to identify Australians' favourite pleasures. With responses from over 3,000 people across the country, she has just launched some preliminary results in an online interactive [Snapshot Report](#). Can you guess Australians' top 10 pleasures?

With support from a Research Re-establishment Grant from the Office of the SDVCR, Desirée is collaborating with Dr Steve Provost (SCU Adjunct) and Professor Peggy Kern from the Centre for Wellbeing Science at the University of Melbourne's Faculty of Education to disseminate their work.

Their first [journal article](#) from the National Pleasure Audit data was published in the Q1 *Journal of Positive Psychology* last month. We asked Desirée to describe the results reported in that paper: "While research on unpleasant topics can cause discomfort, this study revealed a surprising twist: participating in the National Pleasure Audit actually boosted positive emotions and significantly reduced negative ones. These mood-enhancing effects were comparable to those seen in established positive psychology interventions, suggesting that simply reflecting on pleasurable experiences could be a powerful tool for improving well-being.

Our upcoming publications will show that pleasure is strongly linked to psychological well-being and mental and physical health. We have also previously demonstrated that teaching people to increase and savour small pleasurable moments can decrease perceived stress and increase resilience.

This year, we are working with a group of four psychology Honours students to test questions raised by the findings of the National Pleasure Audit (Australia). Next year, we'll be running an intervention study. There's so much still to learn about pleasure – and so much upside to using free, enjoyable, scalable activities to promote well-being and resilience."

See the snapshot report from the National Pleasure Audit (Australia) [here](#).

Read the article from the *Journal of Positive Psychology* [here](#).

Listen to Desirée chat with US happiness guru Dr Mike Rucker about the importance of pleasure and fun on ABC Radio's Nightlife [here](#)



Photo: Dr Desirée Kozlowski



Research Project Update

Research Project Update

Examining staff wellbeing in child welfare services

For over 12 months, the SCU Social Work and Community Welfare staff (Erica Russ, Darran Stonehouse, Liz Reimer, Clarissa Hitchcock and Lynne McPherson) have been engaged in a collaborative project with UnitingCare, the Community Services Industry Alliance and PeakCare examining staff wellbeing in child welfare services. The study involved a scoping literature review on worker wellbeing in the child welfare sector, focusing on non-government services. The aim was to identify enablers and constraints and inform non-government services of potential strategies for addressing workforce issues and worker wellbeing. Findings from the study identified intersections of individual, systemic and structural factors influencing wellbeing, with notable gaps in current Australian literature. Recommendations centred on the need for organisational and systemic responses to be prioritised.

The SCU research team has engaged with the sector, sharing the findings and recommendations from the report. In May, they presented to UnitingCare senior staff at their annual Research to Practice Forum. In June, PeakCare hosted a public online launch with over 220 registrations. The launch included a panel discussion between Dr Erica Russ, Luke Twyford (Principal Commissioner and Chief Executive, Queensland Family and Child Commission) and Donna Shkalla (Group Executive, UnitingCare QLD), where they explored the implications for Queensland's non-government child welfare sector. Due to the successful launch and significant interest in the report's findings, the SCU research team and UnitingCare are exploring further collaborations.

In the short time since its release, the report has received many downloads and views, confirming sector interest.

The report is available: researchportal.scu.edu.au/esploro/outputs/report/991013182413502368





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**Faculty Researchers
in the Media**



Faculty Researchers in the Media

Faculty Researchers in the Media

Do you still add happiness to your mix of life?

Associate Professor Desiree Kozlowski.
ABC Radio Sydney.
6 May 2024.

abc.net.au/listen/programs/nightlife/do-you-still-add-happiness-to-your-mix-of-life/103812428

High fail rate for melanoma self-checks increasing cancer risk, new study finds

Associate Professor Mike Climstein et al.
Oncology News.
12 July 2024.

oncologynews.com.au/latest-news/high-fail-rate-for-melanoma-self-checks-increasing-cancer-risk-new-study-finds

New research finds many are unaware they have potentially deadly melanomas

Adjunct Associate Professor Michael Stapelberg.
Channel 7 Gold Coast News.
8 July 2024.

facebook.com/watch/?v=728588985986970&ref=sharing

Patients cannot self-identify melanoma skin cancer

Adjunct Associate Professor Hudson and Dr Coxon. WIN News (Central Queensland). 8 July 2024.

facebook.com/watch/?v=1660279391393822

Spotting Melanomas – a new study says it isn't easy

Associate Professor Mike Climstein.
The Lismore App (digital newspaper).
8 July 2024.

lismoreapp.com.au/NewsStory/spotting-melanomas-a-new-study-says-it-isnt-easy/6689de8b666e910029ee0d87

Call for urgent melanoma screening

Associate Professor Mike Climstein.
COSMOS.
4 July 2024.

cosmosmagazine.com/health/body-and-mind/call-for-urgent-melanoma-screening/



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**Researcher in
the Spotlight**

PhD Candidate in the Spotlight



Researcher in the Spotlight

Professor Mark Hughes



Professor Mark Hughes

Researcher in the Spotlight

Professor Mark Hughes

Mark is Professor of Social Work and Editor-in-Chief of the Australasian Journal on Ageing. He is lead CI on a \$1m MRFF-funded [Rainbow Inclusive Aged Care project](#) aimed at co-creating a model of inclusive care for gender and sexually diverse people in residential aged care. The key outcomes are improved quality of care for gender and sexually diverse residents, as well as improved safety for all gender and sexually diverse people living in, visiting and working in residential aged care.

The project involves LGBTQ+ older people as co-researchers exploring what enables and constrains inclusive care. It will develop a model of care in partnership with aged care providers that can be practically implemented in the sector. The fieldwork sites are 12 facilities operated by Wesley Mission Queensland and Amana Living in Western Australia. The research will involve observations, interviews, focus groups and organisational summits, as well as a national survey of residential aged care workers.

The project represents a culmination of Mark's work in LGBTQ+ ageing over the past 22 years – across 13 diverse research projects and engagement with a wide range of LGBTQ+ community organisations. As well as the Rainbow Inclusive Aged Care project, he is also currently evaluating the [National LGBTQ+ Palliative Care project](#) and is the Australian collaborator on the [Global Pride Project](#) on the social determinants of health and wellbeing for LGBTQ+ people across 19 countries.

“I’ve always been focused on engaging communities in my research activities and working towards social and community impact. The small, unfunded projects earlier in my career helped me build trusting relationships with a range of organisations, that we’ve since been able to mobilise for grant success.”

“During my time working in this area, I’ve learnt so much and things have shifted considerably. We are developing a better understanding of the unique needs of transgender, nonbinary and queer older people. Researchers are attempting to not conflate the experiences of one group (e.g., gay men) to other groups (e.g., people with variations of sex characteristics). And there is now guidance for consistency in data collection via the [ABS Standard for Sex, Gender, Variations of Sex Characteristics and Sexual Orientation Variables](#) and the recently released [NHMRC Statement](#).”

Mark explained that one of the biggest challenges has been the failure to include variables relating to gender and sexual diversity and variations of sex characteristics in national surveys and the Census. “This means we are lacking the basic data on our communities – including critical health and social disparities – needed for government planning and program development. And concerns about these variables are unfounded – most Australians find them uncontroversial and easy to answer.”



PhD Candidate in the Spotlight

Jozef Adamec



Jozef Adamec

PhD Candidate in the Spotlight

Freedom Voices; Slovak and Czech Immigration to Australia after World War Two

I am 81-years old, one of the emigrants from Czechoslovakia. It has been 56 years since I fled my country, now an Australian citizen. In the last five decades, endeavours to communicate my life experience pre-and-post-arrival elicited responses ranging from astonishment to ignorance, and sometimes overt or covert criticisms. These responses were a result of a lack of understanding the realities of living under a communist regime. Unfortunately, the type of information available ‘out there’ frequently draws its influence from historical writings that often inaccurately portray reality due to suppression, or distortion of information to echo political narratives. Consequently, it becomes difficult to convey the true events that transpired.

I am grateful to SCU for accepting my research topic; Freedom Voices; Slovak and Czech Immigration to Australia after World War Two, to document and analyse the intricate lived experiences of Czechoslovakian migrants, aiming to establish a significant contribution to the history of immigration. (<https://doi.org/10.25918/thesis.381>)

The study is informed both by my personal experiences and by the participants’ engaging with theories of belonging because belonging is at the centre of the analysis in this research that asks, ‘What were lived experiences of Czech and Slovak migrants in Australia?’ I employed an Interpretative Phenomenological Approach, upholding the two IPA key commitments, 1) ensuring concerns of participants were effectively expressed, 2) providing a contextual framework and interpretation for their concerns. My primary objective was to avoid guiding participants

towards predetermined questioning. To optimise outcomes, a mind-mapping technique was employed, serving as a guiding framework for discussion topics, transforming each interview into a dynamic exchange resembling a dialogue between me and participants. For me, it was imperative to ensure that participants were not subjected to any form of confinement, having a chance to recollect their experiences, as they saw important to portray the significant events authentically, and, when they chose to do so, to proceed on to the next proposed chronological arrangement illustrated in the mind map.

The study looks at all modalities of migration dynamics, including participants’ life pre-emigration, the movement from their country of origin and the time of being displaced, their establishment and integration in the new country’s society, and the links immigrants keep with their places of origin. In this way, it considers the cultural, economic, political, and social dimensions of pre-migration and post-migration



PhD Candidate in the Spotlight

Monica Doherty



Monica Doherty

PhD Candidate in the Spotlight

Monica is a PhD candidate with the National Centre for Naturopathic Medicine, Faculty of Health, under the supervision of Dr Janet Schloss and Dr Kitty-Rose Foley. Monica's PhD research will be exploring the experiences of autistic adults who engage with naturopaths for Complementary and Alternative Medicine (CAM) supports. Initially enrolling in a Masters by Thesis, Monica completed a systematic literature review exploring the use of CAM in autism over a 10-year period from 2013-2023 on original clinical trials published. Once this systematic literature review was published, Monica was able to matriculate to PhD candidature and continue with the next stage of the research project, subject to ethics approval.

CAM is a therapeutic option utilised by up to 74% of autistic people, however, there remains little evidence regarding the efficacy of CAM use in autism. Research gaps highlighted in the systematic literature review conducted included that of the research published into CAM use by autistic people, the majority of the research available was focused on children under age 12, male participants and on minimising the 'severity' of autism presentation, rather than exploring quality of life measures.

The results of this systematic review identified that for autistic people, vitamin and mineral supplements may only be of benefit if there is a deficiency. The results also found that the main CAM supports utilised in the research reviewed were dietary interventions and nutraceuticals, including targeted supplements, vitamins and minerals, omega 3 s and probiotics, digestive enzymes. The evidence did not support some of the most frequently utilised dietary interventions, such as a Gluten Free Casein Free (GFCF) diet and indicated that although the use of targeted nutraceutical supplements may be of benefit, more conclusive research is still required to direct safe and effective use.

The next stage of Monica's PhD research will include semi-structured interviews with autistic adults exploring their experiences of consulting with a naturopath/s for CAM support, exploring why each participant engaged with a naturopath and their experience/s, including perceived benefits, risks, what worked well and what didn't work well. In addition, the research will also include focus groups with naturopaths that have consulted with autistic adults, exploring their understanding and beliefs around autism, specific considerations when supporting autistic people and their experiences of providing CAM supports to autistic people. This study design will apply an interpretive, hermeneutic phenomenological approach, which will facilitate reflection on the essential themes of each participant's experience, whilst the researcher also reflects upon their own lived experience/s as both an autistic woman and naturopath.

The expected outcome of this research will be to explore the experiences of autistic adults in consulting with naturopaths for CAM supports. This research intends to fill a gap in the literature on the use, benefits and safety of CAM via naturopathy to support autistic adults, adding to the body of literature focused on the use of CAM by autistic people. The goal of this research is to contribute to evidence supporting the safe, ethical and valid use of CAM by autistic people, providing guidance to individuals and their families and the naturopathic profession as a whole as to how CAM and naturopathy may serve to offer a space for effective, safe and affirmative support.



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Updates from the Library



Updates from the Library

Updates from the Library

Read & Publish Agreements

Two of our Read & Publish Agreements negotiated via CAUL are expected to reach their annual limits (caps) within the next few weeks.

Wiley / Hindawi

The Wiley agreement includes journals that publish in a hybrid model (open access or subscription model) and open access journals only. Hybrid journals form the bulk of Wiley's journals.

From the end of September, articles submitted to [Wiley hybrid journals](#) will no longer have the APC covered by the agreement.

For articles **submitted and accepted** prior to 30 September, the APC should still be covered. For the remainder of 2024, authors may choose to either:

- Publish via the subscription route, or
- Pay an APC to make their article open access. Eligible authors choosing to pay an APC will receive a 10% discount.

Open access publishing in [Wiley's fully open access journals](#) will continue to be supported in 2024 for articles **submitted prior to 30 September**.

Any articles accepted in 2024 must proceed with publishing. They will not be eligible for OA in any 2025 agreement.

Springer Nature

This agreement is predicted to reach its annual limit by the second week in October. After the cap is reached, there will be **no further APC waivers** approved. If authors wish to publish open access, they will need to pay the APC themselves.

Remember, for Wiley hybrid journals authors have the option to publish closed access (no APC) and can submit their author version of manuscript and/or their accepted version into [CrossConnect](#). Open access publishing (for both agreements) will require payment of an APC with a 10% discount. Alternatively, authors may wish to consider submitting their publications to Springer Nature or Wiley with a view to acceptance for publication in 2025, or [explore our other agreements](#).



Share your research success with us

Do you have a news item to share with the Faculty of Health and the wider community? If so, we would love to hear and promote your research achievements within the Faculty.

Please email your research achievements to
healthresearch@scu.edu.au

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