# Collecting and sending hair samples to EAL



### 1. SAMPLE COLLECTION AND PRESERVATION

- Minimum of 0.2-0.4 g of hair is required - equivalent to one heaped tablespoon - in a clean zip lock plastic bag or envelope
- An additional 0.2 g of hair is required for lodine analysis
- Hair should be clean, preferably washed with baby shampoo, well rinsed and dried. Cut small amounts of hair from the nape of the neck, close to the scalp
- Label bag with identification and date of sampling

## 2. COMPLETE EAL SAMPLE SUBMISSION FOR (SSF)

- Download SSF and Price List from the EAL website www.scu.edu.au/eal
- Complete all relevant details on SSF
- Use test code SS-PACK-050 from the Price List
- Credit card and cheque are the preferred methods of payment

## 3. PACKAGE AND SEND SAMPLES

- Package sealed sample(s) in a postpak, suitable envelope or small box
- Enclose SSF in a sealed plastic sleeve along with any instructions
- Send or deliver to EAL
  post and courier labels
  below







(Results with guidelines will be supplied by email)

#### **SEND BY MAIL:**

#### **SEND BY COURIER:**

SCU748

TO: SOUTHERN CROSS UNIVERSITY Environmental Analysis Laboratory (EAL) PO BOX 157 LISMORE NSW 2480

EAL Contact: 02 6620 3678 or Graham Lancaster: 0419 984 088

NOTE: URGENT DELIVERY OF SAMPLES FOR TESTING

TO: SOUTHERN CROSS UNIVERSITY Environmental Analysis Laboratory (EAL) Ground Floor, N Block Military Road, EAST LISMORE NSW 2480

EAL Contact: 02 6620 3678 or Graham Lancaster: 0419 984 088

NOTE: URGENT DELIVERY OF SAMPLES FOR TESTING