

OUR FACILITY & SERVICES

- Designated Functional Training Room
- Designated Cycle, Yoga and Pilates Rooms
- Infrared Sauna and Ice Bath
- 33m Heated Indoor Swimming Pool
- 35+ Group Classes Every Week:
Yoga, Pilates, Strong, Aqua Aerobics, Cycle, Bootcamps, HIIT Classes, Silver Circuit & Swim Squad
- Free Weights
- Fully Air-Conditioned Facility
- Online Bookings and Payment Processing Through the GymMaster App
- New Member Programs
- Verve Plate Loaded and Pin Loaded Equipment
- Life Fitness Cardio Equipment
- And So Much More Equipment to Explore...



STAFFED FACILITY HOURS

Monday - Thursday

5:30 AM - 7:30 PM

Friday

5:30 AM - 7:00 PM

Saturday

7:00 AM - 12:00 PM

Sunday

CLOSED

RECOVERY ROOM HOURS

Monday - Thursday

6:00 AM - 6:30 PM

Friday

6:00 AM - 6:00 PM

Saturday

7:30 AM - 11:00 AM

CONTACT US

Address

1B Military Road, East Lismore NSW 2480

Phone

02 6620 3952

Email

gym@scu.edu.au

Website

scu.edu.au/scu-fitness-centre-and-pool/



24/7 ACCESS AVAILABLE



GYM ONLY MEMBERSHIPS

PAID IN FULL

TYPE	CONCESSION	GENERAL
3 Month	\$200	\$220
6 Month	\$380	\$400
12 Month	\$650	\$750

DIRECT DEBIT (FORTNIGHTLY)

CONCESSION	GENERAL
\$26.20	\$32.50

CASUAL VISIT

CONCESSION	GENERAL
\$15	\$18

10 CASUAL PASSES

POOL AND GYM

TYPE	CONCESSION	GENERAL
POOL PASS	\$45	\$55
GYM PASS	\$120	\$150

RECOVERY ROOM

10 VISITS	\$150
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POOL ONLY MEMBERSHIPS

PAID IN FULL

TYPE	CONCESSION	GENERAL
3 Month	\$105	\$135
6 Month	\$180	\$215
12 Month	\$325	\$375

DIRECT DEBIT (FORTNIGHTLY)

CONCESSION	GENERAL
\$14	\$17

CASUAL VISIT

CONCESSION	GENERAL
\$5	\$6

24 HR ACCESS

ONLY AVAILABLE FOR MEMBERS 18YRS+

ONE-OFF PAYMENT	\$45
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DIRECT DEBITS: All direct debit memberships are debited fortnightly, have a minimum term of 6 months (3 months minimum for Recovery Room Add-On), and will incur a \$20 joining fee, prorata and a once off-loading fee of \$2.43.

10 CASUAL PASSES: All 10 Casual Passes are only valid for 1 year.

PREMIUM GYM & POOL MEMBERSHIPS

PAID IN FULL

TYPE	CONCESSION	GENERAL
3 Month	\$260	\$290
6 Month	\$499	\$545
12 Month	\$845	\$950

DIRECT DEBIT (FORTNIGHTLY)

CONCESSION	GENERAL
\$34	\$40

RECOVERY ROOM MEMBERSHIPS

CASUAL VISIT

SINGLE VISIT	\$20
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RECOVERY ROOM ADD-ON

DIRECT DEBIT (FORTNIGHTLY)

MEMBER	\$30
NON-MEMBER	\$50