

Graduate Certificate in Organic Food and Nutrition

Starting literally from the ground up, build an evidence-based understanding of the vital connections between organics, food production and human health.

Organising Principle

Soil and Plant Science



The Principles Of Organics

- History of organics
- ▶ Types of organic farming
- Regenerative food principles
- Evaluate scientific evidence

Environmental Science



Producing Food For Health

- Healthy and sustainable food production
- How plants and animals affect human health
- Nutritional benefits of sustainably-produced food
- Legal and ethical debates

Ethics, Legal and Enterprise



Learn About Food Systems

- Global-local food connections
- Sustainable food systems
- Quality assurance in organics
- Provenance, policy, advocacy

Human Health



How Food Is Medicine

- Food and health
- Nutrition and food
- Impact of diet on mental and physical health
- Lifestyle choices