



**Southern Cross
University**

Gnibi College of
Indigenous Australian Peoples

Health and Emergency Contacts

Aboriginal Health Services

Galambila Aboriginal Health Service: (02) 6652 0850; www.galambila.org
9 Boambee Street, Coffs Harbour NSW 2450

Rekindling the Spirit: (02) 6622 5534; www.rekindlingthespirit.org.au
25 Uralba Street, Lismore NSW 2480

Kalwun Health Service: (07) 5589 6500; www.kalwun.com.au
Airport Central, 1 Eastern Ave, Bilinga QLD 4225

Bugalwena General Practice: (07) 5513 1422; 1800 571 144
24 Minjungbal Drive, Tweed Heads South NSW 2486
[Bugalwena Practice - Bulgarr Ngaru \(bnmac.com.au\)](http://bnmac.com.au)

National Link-Up Services: <https://www.linkupnsw.org.au/national-link-ups/>

Link-Up Aboriginal Corporations supports the healing journeys of Aboriginal and Torres Strait Islander people who have been separated from their families and cultures through forced removal, fostering, adoption and/or institutionalisation.

Link-Up NSW: (02) 9421 4700 or free call 1800 624 332; <https://www.linkupnsw.org.au/>
E: linkup@nsw.link-up.org.au

Link-Up QLD:
Brisbane: (07) 3638 0411; free call 1800 200 855
Cairns: (07) 4041 7403
E: contact@link-upqld.org.au
<https://www.link-upqld.org.au/>

Health and wellness emergency help

In an emergency:

If someone's life is in danger or there is an immediate risk of harm call:

Emergency services (fire/ambulance/police) on 000

Calling the police is the quickest way to get help in an emergency or crisis.

Emergencies on campus: Ring Security:

Coffs Harbour: (02) 6659 3091

Gold Coast / Lismore: (02) 6620 3628

www.scu.edu.au

Lismore

PO Box 157, Lismore NSW 2480 Australia
T +61 2 6620 3000 F +61 2 6620 3700

CRICOS Provider 01241G

24-hour support services:

Anxiety, depression or suicide

- [Lifeline](#): 13 11 14
- [Suicide Call Back Service](#): 1300 659 467
- [Beyond Blue](#): 1300 22 4636
- [Kids Helpline](#) (5 to 25 year olds): 1800 551 800

Sexual assault / Domestic violence

- [National Sexual Assault, Domestic Violence Counselling Service](#) (1800RESPECT): 1800 737 732
- [National Sexual Assault Hotline](#): 800 656 4673
- [Lifeline](#): 13 11 14
- [MensLine](#): 1300 789 978

Drugs, alcohol and gambling

- [Lifeline](#): 13 11 14
- [Gambling Helpline](#): 1800 858 858

Grief and loss

- [Lifeline](#): 13 11 14
- [The Compassionate Friends](#): 1800 641 091 or 9888 4944
- [GriefLine](#): 9935 7400 (12pm to 3am)

University services:

Staff:

Employee Assistance Program (ASSURE):

Phone: 1800 808 374

Text: 0439 449 876

Website: www.assureprograms.com.au

Students:

Student counselling:

Coffs Harbour (02)6659 3263

Gold Coast: (07) 5580 3252

Lismore: (02) 6626 9131

Out-of-hours student crisis line: 1300 782 676