



*The information you provide here is entirely at your discretion. The purpose of requesting this information is to assist in service planning.*

**Family name:**

**Given names:**

**Student Number:**

**Date of birth:** / /

**Age:**

**Gender:**  Male  Female  Non-binary  Prefer not to say  Other Preferred pronoun: \_\_\_\_\_

**Country of birth:**

**First / Home Language:**

Street address:

Suburb:

Postcode:

Mobile:

Email:

Skype / Zoom:

**May we contact you using:**  Any method

Mail  Email  Telephone  Mobile  SMS  Skype/Zoom

**Emergency Contact: Name/s**

**Phone:**

**Please tick ALL boxes that apply to you:** \* these are Equity Charters which help with the evaluation of our service delivery

Aboriginal/Torres Strait Islander  Non-English speaking background  From Isolated/Rural area  
 Student with a disability  Women in Higher Degrees  LGBTIQ+

**Are you the first person from your family to attend university:**  Yes  No

**Academic School Name:**

**Degree / Program Name:**

**Program Type:**  Undergraduate  Postgraduate  Certificate / Diploma  Non Award

**Are you studying:**  Full-time  Part-time  On-Campus  Online  Distance  
 Domestic  International

**Year of Study:**  1<sup>st</sup>  2<sup>nd</sup>  3<sup>rd</sup>  4<sup>th</sup>  5<sup>th</sup>  6<sup>th</sup>

**If not studying are you?**  On leave of absence or medical leave  On exclusion, sanctions or suspended  
 Admitted but not currently enrolled  Other \_\_\_\_\_

**How did you find out about the Counselling Service?** (Please tick one)

Lecturer / Staff member  Student diary  Orientation talks  Friend  
 SCU Student Association  Handbooks  SCU Online  On campus accommodation  
 Student Services  Poster notices  Other Students  Other \_\_\_\_\_

Have you received counselling previously?  Yes  No

Are you currently receiving counselling and/or treatment from a GP / Counsellor / Psychiatrist?  Yes  No

If yes, who is your Doctor / Counsellor / Psychiatrist?

Tel:

Are you currently taking any medication?  Yes  No

If yes, please list medication & dosage:

How are your university studies being affected? (Please check all that apply)

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Ability to concentrate  | <input type="checkbox"/> Stress management      | <input type="checkbox"/> Family issues               |
| <input type="checkbox"/> Study skills            | <input type="checkbox"/> Anxiety                | <input type="checkbox"/> Relationship issues         |
| <input type="checkbox"/> Adjusting to university | <input type="checkbox"/> Depression             | <input type="checkbox"/> Work / life / study balance |
| <input type="checkbox"/> Special Consideration   | <input type="checkbox"/> Substance use / misuse | <input type="checkbox"/> Grief and loss              |
| <input type="checkbox"/> Considering withdrawing | <input type="checkbox"/> Socially isolated      | <input type="checkbox"/> Medical issues              |
| <input type="checkbox"/> Complaint / grievance   | <input type="checkbox"/> Other personal issues  | <input type="checkbox"/> Disability                  |

### Confidentiality and Privacy

The SCU Counselling Service is committed to providing you with the highest level of professional counselling services. This includes protecting your privacy and working under a Code of Ethics: ([www.psychology.org.au/Assets/Files/CodeEthics2007.pdf](http://www.psychology.org.au/Assets/Files/CodeEthics2007.pdf)).

SCU is requesting this information from you so that we can provide a professional counselling service. We may also use de-identified information to evaluate our service. Providing us with the requested information is not required by law. However, if you choose not to provide us with the requested information, it may impact on the service we can provide.

Information you provide to your Counsellor may be shared with other staff in the SCU Counselling team for the purpose of effective care and clinical management. Please speak to your Counsellor if you are unsure about this or do not wish this to occur.

When storing your personal information electronically, SCU may disclose your personal information to overseas recipients by virtue of its cloud computing arrangements. SCU's 'cloud' servers are located in Hong Kong, Singapore and Ireland and SCU is reasonably satisfied that these countries have similar privacy protections to those afforded under Australian law.

SCU will not disclose your personal information to anybody else without your consent unless we are required to do so by law – for example if the information is needed in an emergency, to protect you or others from harm, or for law enforcement purposes.

You may request access to your information at any time. To access or update your personal information, or for more information on our privacy obligations, ask to speak to our Privacy Contact Officer or email [privacy@scu.edu.au](mailto:privacy@scu.edu.au). A copy of the University's Privacy Management Plan is available here: <http://policies.scu.edu.au/view.current.php?id=00018>

#### Please read and tick if appropriate:

- I consent to being contacted in future to provide anonymous feedback on the service you have received.
- I understand that SCU Counselling does not provide a crisis or emergency service. Please see under useful links on the SCU Counselling website for emergency services phone numbers.

I have read and understood the above information and I accept the terms of SCU Counselling.

Signed:

Date: / /

Office Use Only:

Date of consultation:

Counsellor: