

## Evaluation of My Choice Matters

In this project we evaluated the impact of the My Choice Matters program for the NSW Council for Intellectual Disability.

My Choice Matters supports people with disability and their families to increase their skills, knowledge and confidence in making choices and taking control of their lives, in particular self-directed support and individualised budgets.

The evaluation analysed how My Choice Matters contributes to people's skills and knowledge; their capacity to take action; and the facilitators and barriers to successful outcomes. The evaluation used a number of methods, including focus groups, interviews, feedback forms, and innovative inclusive approaches to adapt these methods as required to include all people with disability involved in the program.

### Research Team

*Investigators:* Rosemary Kayess (SPRC, UNSW), Charlotte Smedley (SPRC, UNSW), Dr Shona Bates (SPRC, UNSW), Prof Karen Fisher (SPRC, UNSW), Dr Ariella Meltzer (SPRC, UNSW), A/Prof Sally Robinson (CCYP, SCU).

### Outputs to Date



*Project Reports*

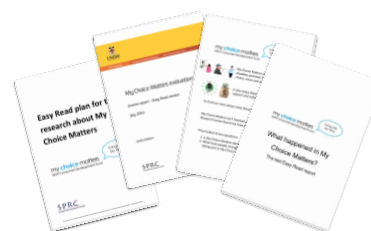
[Evaluation Plan](#)

[Interim Report](#)

[Stage 2 Report](#)

[Stage 3 Report](#)

[Stage 4 and Final Report](#)



*Easy Read Reports*

[Evaluation Plan](#)

[Interim Report](#)

[Stage 2 Report](#)

[Final Summary](#)

